

Managing Editor Board

- ❖ Dr. Sayed Mahdi Golestan Hashemi
Head of the Iranian Research Center for Creatology,
TRIZ & Innovation Science, Iran
- ❖ DR.P.MALYADRI
OSMANIA UNIVERSITY, India
- ❖ DR. Waspodo Tjipto Subroto, M.Pdi
State University of Surabaya, Indonesia
- ❖ Dr.Krishnamurthy Prabhakari
SRM University, India
- ❖ Dr. makarand upadhyaya
cba, jazan university, jazan , saudi arabia, Saudi Arabia
- ❖ Dr Joy Mukhopadhyay
ISBR Bangalore, India
- ❖ Dr. Abdulsalam Jibril
Adamawa State University,Mubi Nigeria., Nigeria

Contact Us

Website URL : www.iosrjournals.org
Email : support@iosrmail.org



Qatar Office:

IOSR Journals
Salwa Road
Near to KFC and Aziz
Petrol Station,
DOHA, Qatar

India Office:

EHTP, National
Highway 8, Block A,
Sector 34, Gurugram,
Haryana 122001

Australia Office:

43, Ring Road,
Richmond Vic 3121
Australia

New York Office:

8th floor, Straight hub,
NS Road, New York,
NY 10003-9595



Contents:

The Motor Capacity Development Level in 15-16 Year-Old Female Students from "Carol I" National College in Craiova Compared with the Results of Female Students from Other High Schools in the Country	01-11
Analysis Of Anthropometry And Dominant Physical Conditions In Futsal Playing Skills In Futsal Extracurricular Activities AT 7th Senior High School, Banda Aceh	12-17
Analysis Of Roundhouse Kick Movement In Xx Pon Athlets In Muay Thai Aceh 2021	18-26
The Analysis Of Physical Fitness And Socio-Economic Of Parents, A Research On Early Grades Students In Babah Krueng State Elementary School, Beutong District, Nagan Raya Regency, Aceh Province	27-32
A Basic Meso-cycle to Improve Health-Related Fitness Components of A 100m Sprinter	33-45
Effectiveness of shoulder stabilization exercises and core stabilization exercises on pain and shoulder range of motion among shoulder impingement syndrome patients	46-49
Impact of COVID-19 Detraining on the Mental Health of Athletes	50-54
Ustadz Dayah's Integrated View of the Large Aceh Region to the Sports of Arrow	55-58
Effects of Ananas Comosus Juice and Physical Exercise on Biochemical and Inflammatory Parameters in Obese Women of Yaounde-Cameroun	59-66
A complex hybrid heart rate test methodology to analyse elite water polo players' 0-24-hour activities during competition period	67-76