



### Contents:

<b>Development of Anxiety Tool for Indonesian Army</b> <i>Adi Aradi, Razali, Nyak Amir, Yusrizal, Syamsulrizal</i>	<b>01-06</b>
<b>An Analysis of Secondary School Students' Attitudes towards Physical Education Course According to Some Variables in secondary schools of Fiji</b> <i>Dr. Prasanna B.K, Mr. Mohammed Feroz Ali (Fiji ), Mr. Rasoolsab</i>	<b>07-13</b>
<b>Comparative Study of Mental Health, Mental Toughness and Creativity among the Students of Different Professions</b> <i>Ajijul Rahaman Khan</i>	<b>14-16</b>
<b>Types of Modern Planning of Housing Compounds and its Negative Impact on Climate "Case Study: Almadaneen quarter-Wad Medani-Sudan"</b> <i>Maysa Osman Khider</i>	<b>17-21</b>
<b>Effect of Different Proportions of Aerobic and Anaerobic Training on Left Ventricular Diastolic Diameter, Wall Thickness and Mass among Elite Athletes</b> <i>Mr. Raghavendra Basireddy, Dr. K. Rama SubbaReddy</i>	<b>22-29</b>
<b>A study on the influence of reliability of female celebrity endorsement in sports brands on female consumers' purchase intention</b> <i>Ching-Hui Lin, Ying-Wan Chuang, Kuo-Wei Lin</i>	<b>30-35</b>
<b>Effect of Traditional training Method vs USRPT in Elite Swimmers</b> <i>Partha Pratim Majumdar</i>	<b>36-39</b>
<b>Physical Activity and Body Image Perception in Women: A Systematic Review</b> <i>Marinho, Sandra Mara Silva de Azevedo, da Matta, Sandro Silva</i>	<b>40-44</b>
<b>Effect of Muscle Energy Technique and Passive Stretching Versus Mobilization and Passive Stretching On Posterior Shoulder Tightness in Inswing and Leg Spin Bowlers- A Comparative Study</b> <i>Dr. Pritesh Yeole, Deep Deodhar</i>	<b>45-49</b>
<b>To Evaluate the Postural Changes in Cervical and Thoracic Spine Pre &amp; Postpartum Women With and Without Neck Pain</b> <i>Sriram Nelakurthy, Manisha Saharan, Ajeet Saharan</i>	<b>50-54</b>
<b>Effect of Plyometric and Circuit Training On Selected Physical Variables among Sprinters of Hyderabad District of Telangana State</b> <i>Prof. Rajesh Kumar</i>	<b>55-57</b>
<b>Fractures of The Patella In Adults: A Report Of 22 Cases</b> <i>M. Hajjioui, T. Cherrad, M. Ouahidi, H. Zejjari, L. Amhajji, J. Louaste</i>	<b>58-61</b>
<b>Epidemiological Surveillance Screening of Functional Movement in Children and Adolescents Physical Activity</b> <i>Samuel Joseph Bebeley (PhD), Michael Conteh, Sam Laggao (PhD)</i>	<b>62-66</b>