

## Development of Novel Phospholipase A<sub>2</sub> Inhibitors Using Molecular and Computational Techniques

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**Abstract:** Phospholipase A<sub>2</sub> Enzymes are Basically Of Three Types i.e The Cytosolic PLA<sub>2</sub>, Secretory Phospholipase A<sub>2</sub> And Lipoprotein Associated PLA<sub>2</sub>. There Is Growing Interest In Developing Novel And Potent PLA<sub>2</sub> Inhibitors For Various Therapeutic Purposes E.G Alzheimer's Disease, Allergic Conditions, Arthritis And Cancer, Cardiovascular Disorders And To Counter The Envenomation By Bee, Spider And Snake Bites. One Of The Excellent Example Is Darapladib Which Is An Effective And Potent Inhibitor Of The Lipoprotein Associated PLA<sub>2</sub> and Is Used For Clinical Conditions. On The Other Hand Computational Studies Conducted On The Numerous Snake Species Having Endogenous Phospholipase A<sub>2</sub> Inhibitors, Can Be Exploited For Therapeutic Purposes. This Inhibitor Type Is Generally Known As Snake Blood Phospholipase A<sub>2</sub> Inhibitors (Sbplis). Most, If Not All Sbplis Are Oligomeric Glycosylated Proteins, Although The Carbohydrate Moiety May Not Be Important For PLA<sub>2</sub> Inhibition In Most Cases. Western Blot Analysis After Partial Purification With SPLA<sub>2</sub>-IB-Affinity Column Has Confirmed The Identity Of Serum Spla<sub>2</sub> Binding Protein As A Soluble Form Of PLA<sub>2</sub>R (SPLA<sub>2</sub>r) That Retained All Of The Extracellular Domains Of The Membrane-Bound Receptor. This Review Article Has Tried To Encompass The Recent Advances In The Development Of Novel And Potent PLA<sub>2</sub> Inhibitors, Both Endogenous And Synthetic In Nature.

**Key Words:** Phospholipase A<sub>2</sub>, Inhibitors, Endogenous, Crotoxin, Lipoprotein, Molecular, Therapeutic

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### I. Introduction:

Phospholipase A<sub>2</sub> Enzymes Are Basically Of Three Types I.E The Cytosolic PLA<sub>2</sub>, Secretory Phospholipase A<sub>2</sub> And Lipoprotein Associated PLA<sub>2</sub>. Phospholipase A<sub>2</sub> (PLA<sub>2</sub>) Is An Enzyme That Catalyzes The Hydrolysis Of The Sn-2 Ester Bond Of Glycerophospholipids Thereby Causing The Release Of The Arachidonic Acid (1, 2). Since Its Discovery, PLA<sub>2</sub> Has Been A Molecular Target Of Extensive Research Because Of Its Critical Involvement In Physiological And Pathological Events Such As Phospholipid Turnover And Production Of Pro-Inflammatory Lipid Mediators (3). To Date, A Number Of Mammalian Intracellular And Extracellular PLA<sub>2</sub>s Have Been Identified And Classified Into Different Families According To Their Biochemical Features (4). Amongst Them, Spla<sub>2</sub>s Have Several Common Characteristics Including A Relatively Low Molecular Mass (14-18 Kda), The Presence Of 6 To 8 Disulfide Bridges, And An Absolute Catalytic Requirement For Millimolar Concentrations Of Ca<sup>2+</sup> (5, 6). Recent Studies Show The Evidence For The Existence Of Circulating Phospholipase A<sub>2</sub> Inhibitors Against Secretory PLA<sub>2</sub>s (Spla<sub>2</sub>s) In Mammals. In Mouse Serum, Detection Of Specific Binding Activities Of Group IB And X Spla<sub>2</sub>s (Spla<sub>2</sub>-IB And Spla<sub>2</sub>-X), Which Was In Contrast With The Absence Of Binding Activities In Serum Prepared From Mice Deficient In PLA<sub>2</sub> Receptor (PLA<sub>2</sub>R), A Type I Transmembrane Glycoprotein Related To The C-Type Animal Lectin Family. Western Blot Analysis After Partial Purification With Spla<sub>2</sub>-IB-Affinity Column Confirmed The Identity Of Serum Spla<sub>2</sub> Binding Protein As A Soluble Form Of PLA<sub>2</sub>R (Spla<sub>2</sub>r) That Retained All Of The Extracellular Domains Of The Membrane-Bound Receptor (7-8). In A Recently Published Article This Author Has Nicely Depicted The Importance Of The Lipoprotein Associated PLA<sub>2</sub> Also Known As The PAF Acetylhydrolase (9). There Is Growing Interest In The Development Of Both Endogenously Found And Synthetic PLA<sub>2</sub> Inhibitors And For This Purpose Molecular And Computational Methods Are Being Exploited. This Review Article Tries To Evaluate The Recent Progress In The Development Of Novel PLA<sub>2</sub> Inhibitors For The Purpose Of Therapeutic Usage.

**CNF And Related Peptides Used For Countering The PLA<sub>2</sub>:** The Endogenously Found crotalus Neutralizing Factor (CNF) – Encodes A 19-Residue Signal Peptide Characteristic Of Secreted Proteins, Followed By 181 Amino Acids In The Mature Protein, Including Sixteen Cysteines. CNF Is A Glycosylated Alpha-1-Globulin With A Single N-Terminal Linked Carbohydrate Site At Asn157 (10-11). The Carbohydrate Moiety, However, Is

Not Essential For PLA<sub>2</sub> Inhibition, Since CNF Remains Functional After Enzymatic Deglycosylation (12). The Native CNF Is A Globular-Shaped, Predominantly Tetrameric Molecule With An Average Molecular Mass Of 100 Kda In Solution. It Innately Occurs As A Mixture Of Non-Glycosylated And Glycosylated Monomers Of 22 Kda And 25 Kda, Respectively (13). The Oligomerization Of CNF Is Independent Of The Presence Of Carbohydrates, Since It Occurs Equally With Native Or Enzymatically Deglycosylated Monomers. Tyrosine Residues At The Interface Of The Monomers Composing CNF May Contribute To The Oligomerization Process, According To A Proposed Theoretical Structural Model Constructed For The Inhibitor Available With DOI:10.5452/Ma-Avb44 At Modelarchive Database. The U Monomer Of The Crystallographic Structure Of Urokinase Plasminogen Activator From Homo Sapiens (PDB ID: 2FD6) Was Used As The Template *Ab Initio* (14). Besides Inhibiting Lethal And PLA<sub>2</sub> Actions Of C. D. Terrificus Venom, CNF Is Also Able To Inhibit The Lethal Activity Of Heterologous Viperid Venoms, Such As Those From Bothrops alternatus, B. Atrox, B. Jararaca. B. Jararacussu, B. Moojeni, B. Neuwiedi And Lachesis Muta, But Not That Of The Elapid Micrurus Frontalis (15). The Natural Target Of CNF In Homologous Venom Is Crotoxin, A Heterodimeric B-Neurotoxin Formed By An Enzymatically Inactive Subunit (Crotoxin A Or CA) And A PLA<sub>2</sub> Counterpart (Crotoxin B Or CB). CA And CB Are Non-Covalently Bonded In The Crotoxin Complex (CA/CB). CNF Is Able To Displace CA In The Native Crotoxin In Vitro To Form A Non-Toxic CNF/CB Complex, Most Likely At A 1:1 Molar Ratio (16). In The Presence Of CNF, The Newly Formed CNF/CB Complex No Longer Interacts With The Target Acceptor Of Crotoxin On Rat Brain Synaptosomes To Deliver CB To Cause Its Neurotoxic Effect.

**Lp-PLA<sub>2</sub> Inhibitors:** PAF Acetylhydrolase Or LP-PLA<sub>2</sub> Is An Important Enzyme Under Intensive Scrutiny. An Alternative Permeability-Inducing Agent In Diabetic Retina Could Be Lysophosphatidylcholine (LPC), Which Is Increased In Plasma Of Diabetic Patients (17) And Has Demonstrated Permeability Enhancing Activity In Cultured Non-Neural Endothelial Cells (Ecs). The Principal Enzyme Responsible For The Production Of LPC Is A Calcium-Independent Phospholipase A<sub>2</sub> Called Lipoprotein-Associated Phospholipase A<sub>2</sub> (Lp-PLA<sub>2</sub>) Which Is Also Known As Type VIIA PLA<sub>2</sub> (18). Darapladib, A Specific Inhibitor Of Lp-PLA<sub>2</sub>, Has Been Shown To Reduce Atherosclerosis In Both Diabetic/Hypercholesterolemic Pigs (19-20) And Apoe-Deficient Mice (21). In Diabetic/Hypercholesterolemic Pigs, Darapladib Protected Against Blood-Brain Barrier (BBB) Dysfunction And Vascular Permeability. Darapladib Has Been Studied In Nearly 16,000 Patients With Coronary Heart Disease, And Approximately One-third Of This Study Population Had Diabetes Mellitus (22). In A Further Study, A 3-Month Daily Treatment With 160 Mg Of Darapladib Orally Showed Reduction Of DME And An Improvement In Visual Acuity In Patients (23). Another Lp-PLA<sub>2</sub> Inhibitor And Congener Developed By Glaxo Smith Kline i.e GSK2647544 Is A Potent And Specific Inhibitor Of Lipoprotein-Associated Phospholipase A<sub>2</sub> (Lp-PLA<sub>2</sub>), Which Was In Development As A Potential Treatment For Alzheimer's Disease (AD). In Order To Refine Therapeutic Dose Predictions And Confirm Brain Penetration, A Radiolabelled Form Of The Inhibitor, [<sup>18</sup>F]GSK2647544, Was Developed For Use In A Positron Emission Tomography (PET) Biodistribution Study. The Study Provides Evidence That GSK2647544 Is Able To Cross The Blood Brain Barrier In Healthy Male Subjects Leading To A Measurable Brain Exposure. The Administered Doses Of GSK2647544 Were Well Tolerated. Exploratory Modelling Studies Suggested That A Twice-Daily Dose Of 102 mg, At Steady State, Would Induce ~80 % Trough Inhibition Of Brain Lp-PLA<sub>2</sub> Activity. Thus New Congeners Which Effectively Inhibit The Lp-PLA<sub>2</sub> Are Being Investigated.

**Computational Studies On Novel PLA<sub>2</sub> Inhibitors:** There Are Many Reports Where Computational Molecular Modeling Methods Have Been Used For Characterizing Some Functional Aspects Of PLA<sub>2</sub>s, Or The Development Of PLA<sub>2</sub> Inhibitors That Contribute To The Attenuation Or Annihilation Of Snake Venom Toxicity. These Applications Use The X-Ray Crystallographic 3D Structural Information Generated In The Last Few Decades, And Methods Such As Molecular Dynamics (MD) Simulations And Docking. Structural Architecture Of Snake Venom PLA<sub>2</sub>s Is Divided Into Classes I And II, Based On Their Amino Acid Sequence And Disulfide Bonding Pattern (24). However, They Have A Conserved Structure Which Contains An N-Terminal A-Helix (H1), A Ca<sup>2+</sup> Binding Loop, Two Antiparallel A-Helices (H2 And H3), A Two-Stranded Antiparallel Sheet (B-Wing), And A Long C-Terminal Loop. In General, Folding Is Stabilized By Seven Disulfide Bonds With Different Types Of Pattern In Classes I And II. Some PLA<sub>2</sub>s Undergo aggregation In A Concentration-Dependent Manner. Crystal Structures Available For Several PLA<sub>2</sub>s Confirm That They Can Form Associations In Dimer, And More Units With Physiological Implications. The Majority Of Molecular Modeling Applications In Literature For Studying PLA<sub>2</sub>s Are Oriented To Rational Design Of Novel Inhibitors For The Treatment Of Different *Viperida* snakebites. Some Examples Are Cited Here Which Are Described: Most Examples Have Been Applied To PLA<sub>2</sub> Of *Daboia russelii*. Recently, Nargotra et al (25) Evaluated A Library Of Natural Products And Synthetic Molecules Through Docking Studies On *D. russelii* PLA<sub>2</sub> To Identify Possible Inhibitors. Their Study Lead To *In Silico* Identification Of Several Molecules As PLA<sub>2</sub> Inhibitors, With Most Of Them Belonging To Phenolic And Substituted Benzaldehydic compounds. It Is Important To Note That The Selection In This Work Was Performed By Considering Docking Energy Scores,

Which Is A Reliable Criterion, According To Literature. The Same Authors Proposed The Docking Poses Inside PLA<sub>2</sub> Of *D. Russelii* For Synthetic Phenolic Compounds Effective Against Snake Venom. They Found That Phenolic Compounds Having Hydroxyl And Methoxyl Groups In Their Benzene Ring Showed Maximum Inhibitory Potency. The Majority Of Molecular Modeling Applications In Literature For Studying PLA<sub>2</sub>s Are Oriented To Rational Design Of Novel Inhibitors For The Treatment Of Different *Viperidae* snakebites. Snake Bite Is A Serious Global Problem, Especially In Countries With Subtropical Climate Like India, Phillipines And Other South East Asian Countries. Phospholipases A<sub>2</sub> (PLA<sub>2</sub>s) Commonly Found In Snake Venom, Are Extensively Studied Due To Their Pharmacological And Physio-Pathological Effects. Numerous Plant Species Are Used In Folk Medicine To Treat Venomous Snake Bite Without Scientific Validation. A Good Example Is The Indian Medicinal Rice *Njavara* which Is A Unique Medicinal Variety Rice In Kerala Used In Ayurveda For Many Disease Conditions Including Snake Bite Pustules. In This Published Report, Bioactive Compounds Isolated From *Njavara* were Screened As Inhibitors, Against The Indian Russell 'S Viper PLA<sub>2</sub> (PDB Id: 1TH6) Using Molecular Docking Techniques (26). Phytochemical Investigation Of *Njavara* Led To Isolation Of Six Compounds For The First Time Including Bioactive Phenolic Acids (Ferulic, Syringic, Vanillic And Protocatechuic Acid), B-Sitosterol, And 24 - Methylene Cycloartanylferulate.

On The Other Hand Another Form Of PLA<sub>2</sub>, Group VIA Calcium-Independent (GVIA Ipla<sub>2</sub>), And Group V Secreted (GV SPLA<sub>2</sub>) Enzymes Are Implicated In Many Inflammatory Diseases (27). Thus, The Development Of Potent And Selective Inhibitors For Each Of These Three Enzymes Should Lead To The Development Of Novel Pharmaceutical Agents For Different Inflammatory Conditions. GIVA CPLA<sub>2</sub> Was Cloned And Sequenced In 1991 and Its Crystal Structure Was Reported In The Year 1999. This Enzyme Utilizes A Catalytic Dyad Of Ser/Asp, And It Exhibits High Specificity For Membrane Phospholipids Containing Arachidonic Acid (AA) At The *Sn*-2 Position. Thus, It Is The Main AA Provider For The Cyclooxygenase (COX) And 5-Lipoxygenase (LOX) Pathways. Therefore, This Enzyme Can Be Considered A Key Enzyme For Mediating Production Of Eicosanoids Which Are Implicated In Numerous Inflammatory Diseases (28).

A Variety Of Diverse Small Molecule Inhibitors Against PLA<sub>2</sub> Have Also Been Reported And Their Structures Are Summarized In Some Review Articles. These Groups Have Developed Some Novel Classes Of Inhibitors Including 2-Oxoamides For GIVA Cpla<sub>2</sub>, amides For GV sPLA<sub>2</sub>, And Fluoroketones For GVIA IPLA<sub>2</sub>. They Have Now Explored Potent And Selective Inhibitors For GVIA Ipla<sub>2</sub> Using Structure-Based Design And *In Vitro* Mixed Micelle Assays. Even Though There Is No Available Crystal Structure For This Enzyme, A Robust Homology Model Was Developed Based On Hydrogen/Deuterium Exchange Mass Spectrometry (DXMS) Experimental Data And Molecular Dynamics (MD) Simulations. The 3D Structure Of GVIA IPLA<sub>2</sub> Was Used For Molecular Docking Calculations And MD Simulations With Previously Synthesized Inhibitors In An Effort To Establish A Structure-Activity Relationship (SAR) For The Development Of Novel And Potent Inhibitors.

### **Common Techniques Employed In Developing A Novel PLA<sub>2</sub> inhibitor :**

#### **Molecular Docking**

Molecular Docking Can Be Done Using Several Techniques And Softwares For e.g., The Virtual Screening And Docking Can Be Performed Using Autodockvina. Autodockvina Is Used Due To Its Accuracy And Speed. Autodockvina Is Utilized To Automate The Docking Process Towards The NADI Compounds. The Predicted Binding Energy ( $\Delta G$ ), Which Indicates The Strength Of Compounds Bind To The Receptor Is Calculated Based On Scoring Function Used In Autodockvina. The Top Ten Docking Conformations For Each Compound Is Selected Using A Python Script File. The Selection Is Based On Lowest Energy Binding. The H-Bond, And Hydrophobic Interaction Are Analysed Using Ligplotserver (29-30) And Viewed Using A Discovery Studio Visualizer (Refer Fig.2).

#### **Inhibition Of PLA<sub>2</sub> Activity**

The Inhibitory Activity Of PLA<sub>2</sub> Can Be Tested According To The Method Described By De Aranjó And Radvany (31). Briefly, The Substrate Consisted Of 3.5 Mm Lecithin, A Mixture Of 3 Mm NATDC, 100 Mm NaCl, 10 Mm CaCl<sub>2</sub>, And 0.055 Mm Red Phenol As Colorimetric Indicator, And 100 Ml H<sub>2</sub>O. The pH Of The Reaction Mixture Was Adjusted To 7.6. 0.2 Mg Of Pg-IB Is Solubilized In 10% Acetonitrile At A 0.002 Mg/Ml Concentration. A Volume Of 2 Ml Of PLA<sub>2</sub> Solution Is Incubated With 2 Ml Of Sample For 20 Min At Room Temperature. Then, 200 Ml Of PLA<sub>2</sub> Substrate Was Added To The Solution. Kinetic Hydrolysis Is Performed For 5 Min, And Optical Density Is Estimated At 558 Nm. The PLA<sub>2</sub> Inhibitory Activity Is Expressed In Inhibition Percentage And Is Calculated As Follows:

$$\text{Enzyme Activity} = \text{OD}_{15 \text{ Min}} / 15 \text{ Min} \\ \text{\% Inhibition} = \frac{\text{Enzyme Activity} - \text{Ve Control}}{\text{Enzyme Activity}} \times 100$$

**Immunoblotting Analyses:** Immunoblotting Or Western Blotting Is An Effective Technique To Identify Novel Proteins And Their Molecular Mass. For Western Blotting Analyses, Proteins Are Transferred To A Nylon Membrane, Which Is Subsequently Blocked (1 H, Room Temperature) With Tris-Buffered Saline-Tween (TBS-T, Which Contains 20 Mm Tris-HCl, 137 Mm NaCl, Ph 7.6, And 0.1% Tween 20) Containing 1% BSA And 3% Milk Powder (32). Following Three Washes With TBS-T, The Blot Was Then Incubated (1 H, Room Temperature) With A Monoclonal Antibody (1:50 Dilution In TBS-T With 1% BSA) Raised In A Mouse Against A Synthetic Peptide Representing A 10-Amino Acid Residue Sequence (22ITPLHLACQMG230) Located At The C Terminus Of Islet Cai-PLA<sub>2</sub>. The Nylon Membrane Is Washed Three Times In TBS-T And Incubated (1 H, Room Temperature) With A Goat Anti-Mouse Igg Conjugated To Horseradish Peroxidase (Boehringer Mannheim) At A 1:3000 Dilution In TBS-T Containing 1% BSA. Detection Of The Secondary Antibody Is Performed By Enhanced Chemiluminescence (Refer Fig.1).

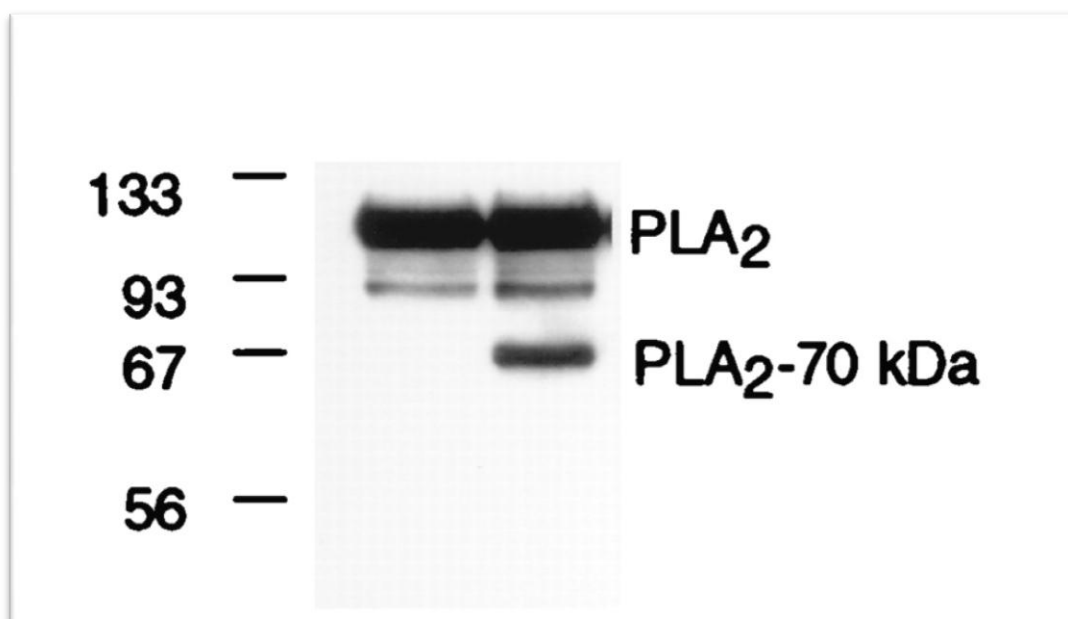
**Monoclonal Antibody Against Snake PLA<sub>2</sub> :** Monoclonal Antibodies Are Increasingly Being Used For Therapeutic Purpose In Disorders Like The Bronchial Asthma, Arthritis, Psoriasis And Cancer. The Snake Venom PLA<sub>2</sub>s (SvPLA<sub>2</sub>) Are Important Toxins And Comprise An Important Target For The Development Of New Anti-Venom Drugs. Snake And/Or Mammals Serum Are Repositories Of Svpla<sub>2</sub> Inhibitors (PLIs) Due To Protective Benefits (33). Immunodetection Is An Essential Technique Commonly Employed For Protein Discovery, Quantification And Investigation. Thus, Mab Development Of Pli<sub>y</sub> Is Technically Significant For Anti-Venom Studies. The Classical Routine Of Monoclonal Antibody Preparation Is Time Consuming And Laborious; The Resulted Mabs Are Generally Very Specific. Protein-Specific Antibodies Can Be Generated By Immunization Of Animals With Peptides, If The Peptide Is An Effective Epitope Of The Protein. Bioinformatics Prediction Followed By Concrete Experimental Validation Is Both Economical And Effective. For Epitope Prediction, Bioinformatics Software Can Reduce The Experimental Workload By 95% And Increase The Efficiency Of New Epitope Location By 10 To 20 Folds. In This Study, Dnastar Protean Program Was Used To Predict Epitopes Of Sapli<sub>y</sub> By Comprehensively Analyzing Many Parameters Such As Hydrophilicity, Surface Accessibility, Antigenic Index, Secondary Structure And Flexibility. Finally, The <sup>151</sup>CPVLRLSNRTHEANRNDLIKVA<sup>172</sup> As A Hapten And Obtained 18 Igg Mab Cell Strains. The Resulted Pli<sub>y</sub>mab Could Recognize A Broad Range Of Snake Sera Including Venomous And Non-Venomous Snake Species, Because The Epitope Peptide Is Highly Homologous Among Snake Pli<sub>y</sub>s. The Resulted Mab Is Applicable For Pli<sub>y</sub>immunodetection Of A Wide Range Of Snake Species (34).

#### **Natural And Synthetic Inhibitors Of PLA<sub>2</sub>:**

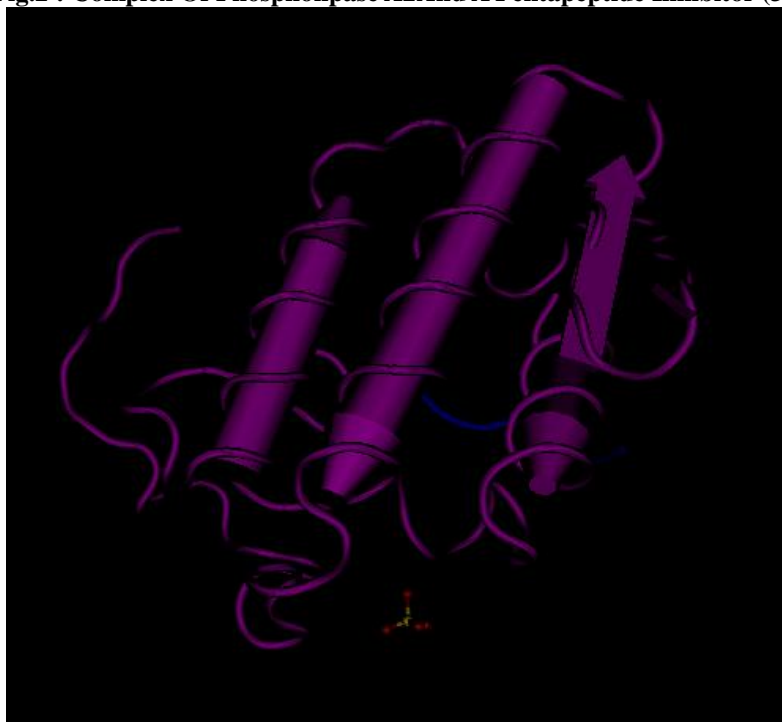
Manoalide Was Initially Isolated From The Sponge Luffatiellavariabilis. Because Of Its Potent Anti-Inflammatory And Analgesic Effects, This Compound Is Now In Phase 1 Clinical Trial. Although This Agent Is Not Clinically Available, Manoalide Becomes A Standard Drug In Inflammation Research (35-36). The Other PLA<sub>2</sub> Inhibitors Are Variabilin, Cacospongolide B, Bolinaquinone, And OAS1000 (35). Bromelain And Phytochemicals Like Amenthoflavone, Asiaticoside, And Diosgenin Have Been Reported To Exhibit Inhibitory Effects Against PLA<sub>2</sub> Activity (37-38). Bromelain, Asiaticoside And Diosgenin Appear To Be Safe Compounds, As They Do Not Show Any Toxic Effects With A Lethal Dose (LD<sub>50</sub>) Of Up To 750 Mg/Kg In Dogs, 50 Mg/Kg In Mice And More Than 800 Mg/Kg In Mice, Respectively. It Was Also Discovered That The Combination Of Phytochemical Compounds With Bromelain Could Enhance The Functional Properties And Thermal Stability And Increase The Shelf Life Of Pineapple Juice. The Combinations With Natural Products, Including Bromelain, Was Also Proven To Enhance The Effect Of Other Anti-Inflammatory Drugs Such As Paracetamol In The Relief Of The Knee Joint Pain (39). The Effect Of The Combination Between Bromelain And Antibiotics Was Shown To Be More Effective Compared To Antibiotics Alone In The Treatment Of Pneumonia, Bronchitis And Cellulitis (40-42).

In This Study, The Synergistic Potential Of Combinations Of Bromelain And Phytochemicals Namely, Amenthoflavone, Asiaticoside, And Diosgenin, Against PLA<sub>2</sub> Was Quantified. The Combinations Of Bromelain-Amenthoflavone (Br-Am), Bromelain-Asiaticoside (Br-As), And Bromelain-Diosgenin (Br-Di) Were Analyzed Using A Protocol Which Is Widely Used To Determine The Synergistic And Antagonistic Effects In Combination Studies. Subsequently, Proof Of The Utility Of The Bromelian-Phytochemical Complex Were Generated By Measuring The Inhibitory Activity Against PLA<sub>2</sub>(43). Flavonoids Too Have Been Investigated For PLA<sub>2</sub> Inhibitory Activity. The Inhibition Of PLA<sub>2</sub> by Polyphenolic Flavonoids Has Been Reported In A Number Of *In Vitro* And *In Vivo* Studies. Quercetin Was Found To Be An Effective Inhibitor Of PLA<sub>2</sub> In Human Leukocytes. Bioflavonoids Such As Amentoflavone, Bilobetin, Morelloflavone And Ginkgetin Derived From Certain Medicinal Plants Have Been Shown To Inhibit PLA<sub>2</sub> As Well. Curcumin Affects Arachidonic Acid Metabolism By Blocking The Phosphorylation Of Cytosolic PLA<sub>2</sub>, Resulting In Decreased COX-2 Expression. Since PLA<sub>2</sub> Is Coupled With Coxs And Loxs Depending On The Cells, PLA<sub>2</sub> Becomes The Molecular Target Of Polyphenols To Cause The Inhibition Of COX Or LOX Activity And Inflammation (44).

**Fig.1 : Phospholipase A<sub>2</sub> Enzyme As Detected By Western Blotting**



**Fig.2 : Complex Of Phospholipase A<sub>2</sub> And A Pentapeptide Inhibitor (39)**



## **II. Conclusion:**

Phospholipase A<sub>2</sub>(PLA<sub>2</sub>) Enzymes Are A Diverse Group That Hydrolyze Membrane Phospholipids Into Arachidonic Acid And Lysophospholipids. These Lipid Mediators Play Critical Roles In The Induction, Maintenance, And Modulation Of Neuroinflammation And Oxidative Stress. Many Neurological Disorders Including Excitotoxicity; Traumatic Nerve And Brain Injury; Cerebral Ischemia; Alzheimer's Disease; Parkinson's Disease; Multiple Sclerosis; Experimental Allergic Encephalitis; Pain; Depression; Bipolar Disorder; Schizophrenia And Also Cardiovascular Disorders Are Characterized By Oxidative Stress,

Inflammatory Reactions And Alterations In Phospholipid Metabolism, Accumulation Of Lipid Peroxides, And Increased Activities Of Brain Phospholipase A<sub>2</sub> Isoforms. Many Old And New Synthetic Inhibitors Of PLA<sub>2</sub>, Including Fatty Acid Trifluoromethyl Ketones; Methyl Arachidonylfluorophosphonate; Bromoenol Lactone; Indole-Based Inhibitors; Pyrrolidine-Based Inhibitors; Amide Inhibitors, 2-Oxoamides; 1,3-Disubstituted Propan-2-Ones And Polyfluoroalkyl Ketones As Well As Phytochemical Based PLA<sub>2</sub> Inhibitors Including Curcumin, *Ginkgo Biloba* And *Centella asiatica* Extracts Have Been Discovered And Used For The Treatment Of Clinical Disorders In Cell Culture And Animal Model Systems. The Blood Of Poisonous Snakes Contain PLA<sub>2</sub> Inhibitors Whose Structure Activity Relationship Can Be Used For Developing Potent PLA<sub>2</sub> Inhibitors For Treating Envenomation And Other Pathological Disorders. The Purpose Of This Review Was To Summarize Information On Selective And Potent Synthetic Inhibitors Of PLA<sub>2</sub> As Well As Several PLA<sub>2</sub> Inhibitors From Plants And Endogenous PLA<sub>2</sub> Inhibitors From Marine And Snake Species For Therapeutic Purposes.

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