

Biosynthesis of Iron Oxide Nanoparticles using Aqueous Extract of *Convolvulus Pluricaulis* Plant, its Characterization and Acute Oral Toxicity Studies

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Abstract: The synthesis of nanoparticles by green approach has been of great interest because of its eco-friendly and non-toxic potential in biomedical applications. The present study was aimed to synthesize *Convolvulus pluricaulis* iron oxide nanoparticles (CPIO) using its aqueous extract. The phytochemicals available in the aqueous extract acted as effective reducing agent and capping agent. The CPIO nanoparticles synthesized were characterized by PSA, XRD, FTIR, SEM and TEM. FTIR measurements showed the CPIO nanoparticles having a coating of phytochemical compounds indicating a possible role of biomolecules from *Convolvulus pluricaulis* for capping and efficient stabilization of the CPIO nanoparticles. The XRD spectrum confirmed the crystalline structure of CPIO nanoparticles with an average particle size of 32.8nm. The synthesized CPIO nanoparticles are found to be agglomerated porous nanoparticles from the SEM and TEM images. Acute oral toxicity studies were carried out for a period of 14 days and no mortality was observed during this treatment period. As no synthetic reagents were used in this method, the synthesized CPIO nanoparticles are non-toxic, biocompatible so have potential biomedical applications.

Keywords: Green synthesis, *Convolvulus pluricaulis*, Characterization techniques, Acute oral toxicity studies, Biomedical applications.

I. Introduction

Nanotechnology is evolving as a rapidly growing field with its application in science and technology for the purpose of synthesizing new materials at the nanoscale level¹. The synthesis of iron oxide nanoparticles has been extensively developed in the past decade with numerous applications such as, bio sensing applications², catalysis^{3, 4}, magnetic storage media⁵, targeted drug delivery⁶⁻⁹, and contrast agents in Magnetic Resonance Imaging¹⁰⁻¹². Currently, a large number of physical, chemical, biological, and hybrid methods are available to synthesize different types of nanoparticles that show specific properties¹³. These physical, chemical methods need hazardous chemicals and high energy requirements for synthesis of nanoparticles. It is very widely known that nanoparticles synthesized with plant extracts already have a functionalized surface that contains the biological components of plant like proteins, polysaccharides, organic ligands, and polyatomic alcohols which are absent in nanoparticles synthesized by physical and chemical methods^{14,15}.

The presence of these biological components improves the stability of the nanoparticles synthesized and if required, may also facilitate the subsequent attachment of functional molecules, such as drugs, antibodies or DNA¹⁶. So comparing the above-cited methods, synthesizing nanoparticles via plants is a relatively economical and eco-friendly approach.

Convolvulus pluricaulis is a perennial herb belongs to the family “Convolvulaceae”, commonly known as “Shankhapushpi” and seems to be like morning glory¹⁷. The plant contains several active constituents such as alkaloid (Shankhapushpine), triterpenoids, flavonoids, glycosides, anthocyanins, phenolics and steroids^{18,19}.

Convolvulus pluricaulis has been proved for its potential for centuries in Ayurvedic medicine to treat central nervous system depression, anxiolytic²⁰, tranquilizing, anti-depressant²¹, neurodegenerative, anti-stress, anti-amnesic²², anti-fungal, anti-bacterial, antioxidant²³, anticonvulsant²⁴, immunomodulatory, analgesic, hypolipidemic, anti-ulcer and cardiovascular activity^{25,26}.

There are also reports on the synthesis of silver nanoparticles using various extracts of *Convolvulus pluricaulis*²⁷. The IONPs has unique properties, such as being superparamagnetic, biocompatible, biodegradable, and non-toxic to humans which make them to have a potential in biomedical applications²⁸⁻³⁰.

Based on the literature review, there are still no specific researches done on aqueous extract of whole plant of *Convolvulus pluricaulis* for the iron oxide nanoparticle synthesis, and this inspires and motivates us to work on this. Hence, in this work, a novel green method of synthesizing CPIO nanoparticles using *Convolvulus pluricaulis* aqueous extract, characterizing them and evaluating their acute oral toxicity is proposed.

II. Materials and Methods

Convolvulus pluricaulis plant was purchased from authorized medicinal plant dealer in Hyderabad, Telangana. In synthesis process, the chemicals used like Ferric chloride hexa-hydrate ($\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$), ferrous chloride tetra-hydrate ($\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$) were purchased from Sigma-Aldrich, USA and all other chemicals used in synthesis and acute oral toxicity studies were of analytical grade.

Preparation of aqueous extract of Convolvulus pluricaulis whole plant

The whole plant of *Convolvulus pluricaulis* was initially rinsed thrice in distilled water and allowed to dry completely at room temperature. The whole plant was made into coarse powder using maple mixer. The extraction was carried out by packing 250g of plant powder in the soxhlet apparatus using distilled water as solvent for 18 hours. The aqueous extract was concentrated using rotary evaporator (Heidolph, USA) and crude extract was stored at 4°C until further use.

Synthesis of iron oxide nanoparticles using aqueous extract of Convolvulus pluricaulis

CPIO nanoparticles were synthesized by dissolving $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$ and $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$ in 2:1 Molar ratio in 100 mL of sterile distilled water and heated to 80°C with mild stirring at 500 rpm using magnetic stirrer results in formation of yellow colored solution. After 10 minutes of stirring, 5 mL of the *Convolvulus pluricaulis* aqueous extract was added to the mixture, immediately the yellowish colour of the mixture changed to reddish brown colour. After 5 minutes, 1M sodium hydroxide was added to the mixture dropwise at the rate of 3 ml/min to allow the precipitation of iron oxide uniformly and reddish brown mixture changed to black suspended particles confirming the green synthesis of iron oxide nanoparticles shown in Figure 1. The mixture was allowed to cool down to room temperature. The synthesized CPIO nanoparticles were purified by dispersing in distilled water and dried overnight in hot air oven at 80°C. CPIO nanoparticles were stored at room temperature until further use³¹.

Characterization of synthesized CPIO nanoparticles

The crystalline structure and phase purity of the synthesized CPIO nanoparticles were examined by X-ray diffraction measurement over the 2θ range of 20-70° (Bruker D8 X-ray Diffractometer). To determine particle size distribution of synthesized CPIO nanoparticles, Particle size analyzer (HORIBA Scientific SZ-100) was used. For this, CPIO nanoparticles were resuspended in ethanol. Fourier transform infrared (FTIR) spectroscopy (Bruker) was used to report the presence of biomolecules responsible for the synthesis of CPIO nanoparticles. Dried CPIO nanoparticles were grinded with potassium bromide to produce pellet, which was examined in a wavelength range of 400–4000 cm^{-1} . The morphology, particle size and shape of CPIO nanoparticles were evaluated using scanning electron microscopy (SEM), transmission electron microscope (TEM). The elemental composition of the CPIO nanoparticles was determined using energy dispersive X-ray (EDX).

Acute oral toxicity studies

The experiments were carried out according to the guidelines of the Committee for the Purpose of Control and Supervision of Experiments on Animals (CPCSEA), New Delhi, India on either sex of Swiss albino mice weighing 20-25g. The study was conducted after getting approval from the Institutional animal ethical committee of CMR College of pharmacy, Hyderabad (approval no: IAEC/1657/CMRCP/T2/PhD-16/47). Animals were acclimatized for a week before the commencement of acute oral toxicity studies under standard laboratory conditions (12L:12D cycle, air conditioned room at 25°C ± 2°C temperature). The animals had free access to pellet diet procured from Vyas Labs, Hyderabad and water ad libitum.

The selected Swiss albino mice were divided into 2 groups of 3 animals in each. Test mice were fasted for 4 h before dosing with free access to water only. The control group received distilled water (10ml/kg) and the test group received 2000mg/kg b.w of CPIO nanoparticles.

Immediately after administration of dose, the mice were observed for the first 4 h for skin and fur changes, eye secretion, respiration, behavioral changes and death, if any, intermittently for the next 6 h, then again at 24 h after dosing. Special attention was paid on the clinical signs of toxicity including convulsions, tremors, salivation, nausea, vomiting, diarrhea, lethargy, coma, etc. They were then kept under observation up to 14 days after drug administration to identify mortality, if any. The observations were made daily. In addition, the histopathological changes have been examined as well³².

Histopathology studies

After 2 weeks, mice were sacrificed by cervical dislocation, and tissues were collected. Brain, heart and liver were fixed in Bouin's fluid for 24 h and then into 70% ethanol, which was changed 3–4 times every day until the yellow color of Bouin's fluid completely disappeared. Tissues were hydrated serially in 80, 90, and

100% ethanol and stored in isopropanol overnight at 60°C before embedding in paraffin. Five micron sections were made for further analysis. Sections were deparaffinized by xylene and were re-hydrated serially in 100, 90, 80, 70, and 50% ethanol, and then rinsed briefly in distilled water. Slides were immersed into Harris hematoxylin solution for 10 min, subsequently washed in distilled water for a while and differentiated in 1% hydrochloric acid for 30 s and then immersed in 0.2% ammonia water for 30 s to 1 min. After washing in running tap water for 10min, sections were counterstained with 0.2% eosin Y solution for 1 min. Sections were washed in distilled water and followed by serial dehydration using 50, 70, 80, 90, and 100% alcohol. Slides were cleaned with three changes of xylene and then mounted with mounting medium³³.

III. Results and Discussion

IV. Synthesis of CPIO nanoparticles

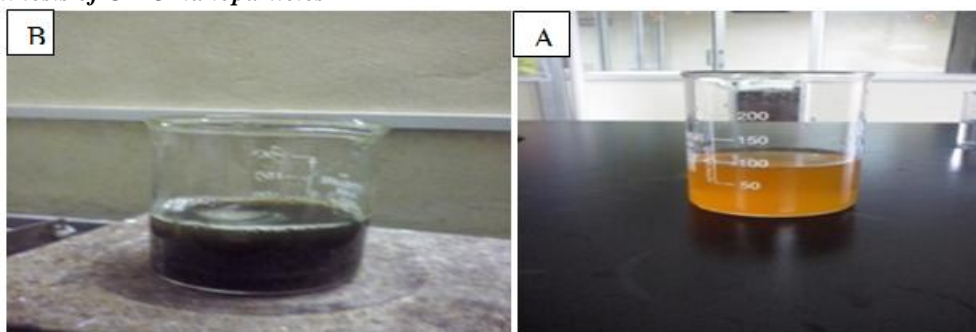


Figure 1. Iron chlorides solution color changed after addition of aqueous extract of *Convolvulus pluricaulis* from yellow (A) to dark reddish brown (B).

XRD and PSA Analysis

It is found that the presence of peaks at 2θ values 31.1° , 34.1° , 44.8° , 57.4° , 62.9° , 68.3° corresponds to (222), (311), (411), (428), (440), (603) planes of iron oxide nanoparticles (Figure 2-JCPDS NO: 89-5894) respectively. Thus, the XRD spectrum confirmed the crystalline structure of CPIO nanoparticles and found to be $\gamma\text{-Fe}_2\text{O}_3$. No peaks of other impurity crystalline phases have been detected. The average crystalline size of CPIO nanoparticles was estimated using the Debye-Scherrer equation and found to be around 32.8 nm.

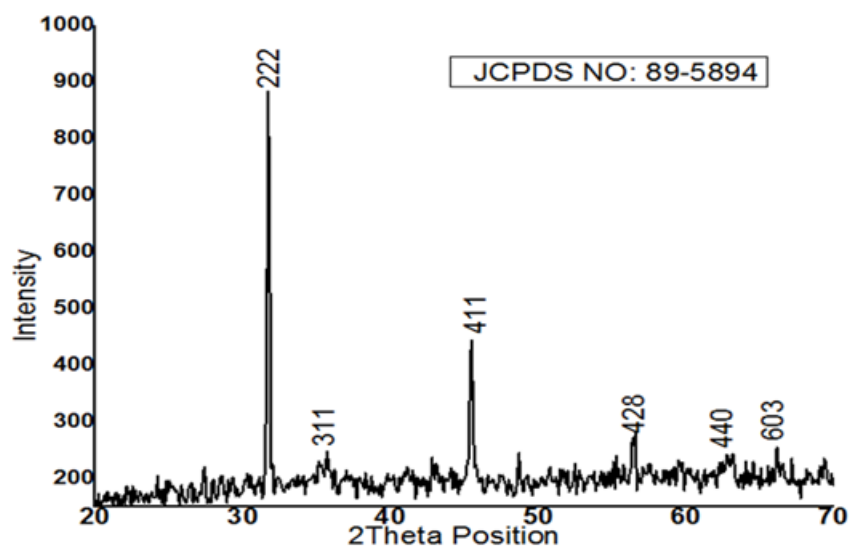


Figure 2. XRD pattern of synthesized CPIO nanoparticles

The particle size was analyzed using particle size analyzer. A small drop of the sample was dispersed in water and analyzed under laser light beams in a disposable sizing cuvette. The particle size was analyzed under the intensity of laser light on the sample particle. The average particle size distribution was found between 7-60 nm. The mean particle size of CPIO nanoparticles synthesized was found to be 18 nm (Figure 3).

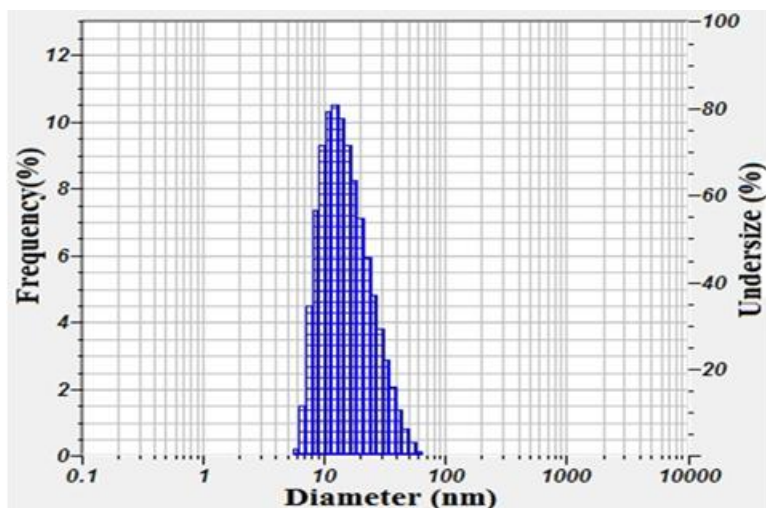


Figure 3. Particle size distribution of synthesized CPIO nanoparticles

SEM and EDX Analysis

The SEM image and EDX spectra for the CPIO nanoparticles are shown in Figure 4. SEM confirms that the CPIO nanoparticles are agglomerated particles because of the plant material coated over the iron oxide nanoparticles (Figure 4A). The Energy dispersive X-ray spectra was carried out to report the elemental composition of nanoparticle samples like iron (Fe) and oxygen (O), the peaks around 0.8, 6.3, and 7.1 keV are related to the binding energies of Fe. Therefore, the EDX spectra confirmed the presence of iron oxide nanoparticles in the aqueous extract of *Convolvulus pluricaulis* without any impurity peaks (Figure 4B).

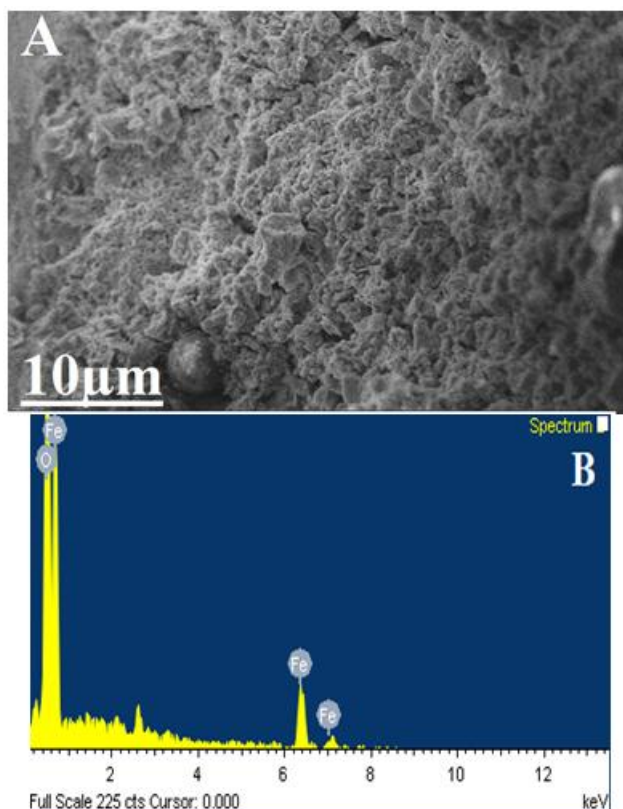


Figure 4. SEM image (A) and EDX spectra of synthesized CPIO nanoparticles (B).

TEM Study

The size and morphology of the synthesized CPIO nanoparticles were reported by using TEM. The TEM image of synthesized CPIO nanoparticles (Figure 5) showed that majority of the nanoparticles were porous in nature with nearly spherical shape. The image revealed that most of the particles were agglomerated,

which might be due to the presence of plant material as a capping agent. Besides, the tendency of agglomeration is not surprising as the synthesized CPIO nanoparticles are small in size and possess magnetic characteristics. Porous spherical shaped iron oxide nanoparticles capped with plant material were more dominant at a scale range of 50nm.

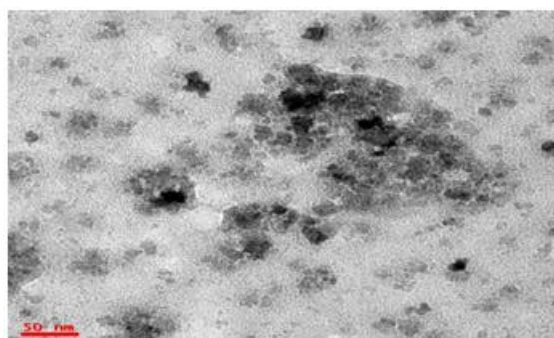


Figure 5. TEM image of synthesized CPIO nanoparticles

FTIR Analysis

FTIR measurement was carried out to identify the biomolecules responsible for capping and stabilization of the metal nanoparticles synthesized by *Convolvulus pluricaulis* was shown in Figure 6. FTIR analysis showed that the biosynthesized iron oxide nanoparticles were capped with biomolecular compounds which were responsible for reduction of iron oxide. The Spectra showed strong absorption bands at 3460.8, 2923.9, 2854.5, 1741.4, 1569.5, 1462.3, 1383.4, 1069.8, 1020.7, 849.5, 651.4, 605.8 cm^{-1} . The absorption peak at 3460.8 cm^{-1} indicates $-\text{OH}$ stretching, 2923.9 cm^{-1} indicates C-H stretching vibration, 2854.5, 1741.4, 1569.5, 1462.3, 1383.4, 1069.8, 1020.7, 849.5 cm^{-1} was contributed by the plant materials, and the absorption bands at 651.4, 605.8 cm^{-1} was assigned to the Fe-O stretching vibration.

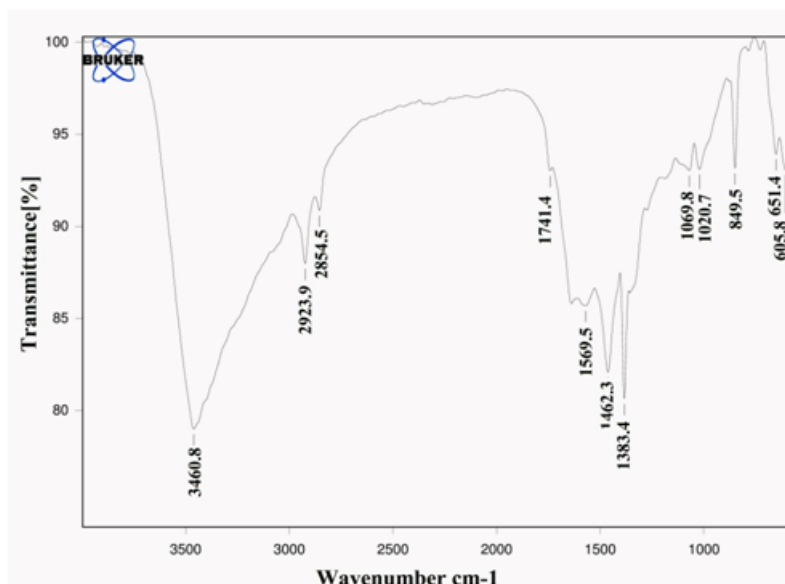


Figure 6. FTIR spectra of synthesized CPIO nanoparticles

Acute toxicity studies

The synthesized CPIO nanoparticles at a dose of 2000mg/kg b.w was administered orally to the mice and no fur changes, eye secretion, respiration, any behavioral changes was occurred during the period. In addition to that clinical signs of toxicity like convulsions, tremors, salivation, nausea, vomiting, diarrhea, lethargy was also not observed. No mortality has occurred upto 14 days of treatment.

Histopathology study

The result obtained from histopathological sectioning was in agreement as there was no apparent damage to the brain, heart, and liver observed in the treated groups when compared with the control group shown in Figure7; no gross physiological changes were observed in control and CPIO nanoparticles treated

mice. The histopathology of brain did not showed any abnormalities in brain and no degeneration of neurons was observed in both control and treated group. The myocardium of control and treated mice heart appeared normal without any clinical signs of toxicity. There was no inflammation observed in the liver. This study therefore confirmed that the CPIO nanoparticles were nontoxic to the brain, heart, and liver within the treatment durations. Test compounds did not cause any mortality at the dose level tested (i.e., 2000 mg/kg b.w) until the end of 14 days of observation.

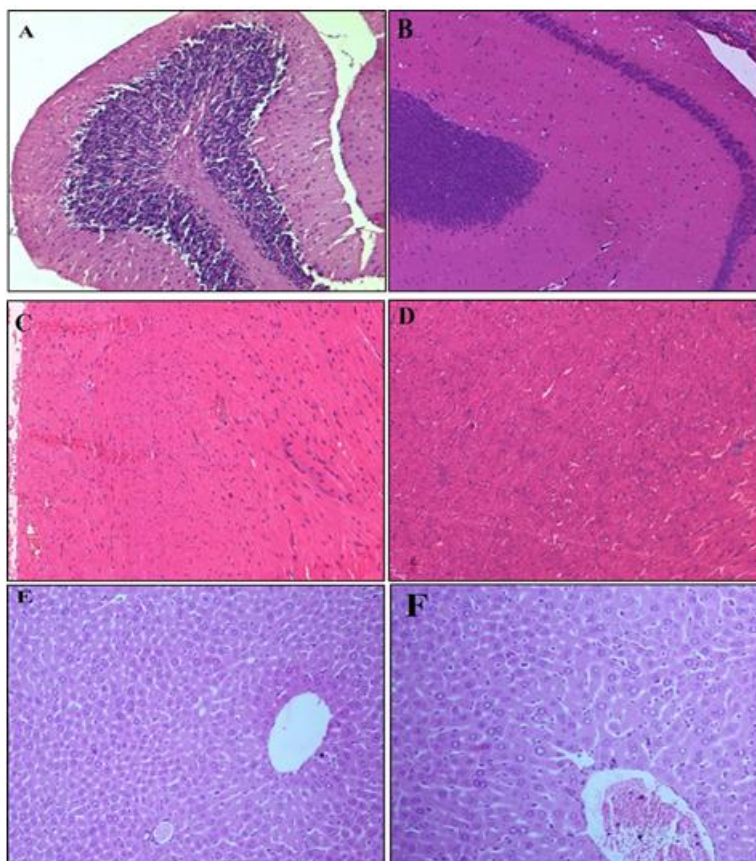


Figure 7. Control Brain, Heart, Liver (A, C, E respectively) and CPIO nanoparticles treated Brain, Heart, Liver (B, D, F respectively)

V. Conclusions

In this study, iron oxide nanoparticles were synthesized by a simple and green approach using the aqueous extract of *Convolvulus pluricaulis* without utilizing any chemical reducing agent and stabilizer. Based on the XRD analysis studied, it was confirmed that the synthesized iron oxide nanoparticle is a high purity crystalline γ -Fe₂O₃. FTIR spectroscopy analysis showed the involvement of biomolecules present in the aqueous extract of *Convolvulus pluricaulis* in the synthesis process. SEM and TEM results revealed the Capping of plant material around the synthesized CPIO nanoparticles at a scale of 50 nm. The crystalline size of the synthesized CPIO nanoparticles was found to be 32.8 nm from XRD analysis, which is in an agreement with the result obtained from the TEM. Acute toxicity studies were carried out in Swiss albino mice at 2000mg/kg b.w dose, and no mortality was observed during the 14 days study. In addition, histopathology studies are also in good agreement when compared with control group. Hence, the green synthesized nontoxic CPIO nanoparticles are expected suitable to be employed in various fields of applications, especially in biomedical applications.

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