



**IOSR Journals**

International Organization  
of Scientific Research

# *IOSR Journal of Nursing and Health Science*

e-ISSN : 2320-1959

Volume : 10 Issue : 4 Series-5

p-ISSN : 2320-1940

S  
H  
I  
N  
T  
-  
J  
-  
R  
-  
S  
I  
O  
S  
R  
J  
O  
U  
R  
N  
A  
L  
O  
F  
N  
U  
R  
S  
I  
N  
G  
A  
N  
D  
H  
E  
A  
L  
T  
H  
S  
C  
I  
E  
N  
C  
E

## **Contents:**

Awareness regarding Cardiovascular Disease Risk Factors among Adults attending at a Teaching Hospital, Bharatpur	01-08
Efficacy of topical anaesthetic EMLA (5% eutectic mixture of lidocaine and prilocaine) in alleviating pain during vaccination among children up to 2 years	09-12
Factors Affecting Medical Equipment Utilization in Health Service Delivery in Mandera County Referral Hospital	13-20
Early Detection and Prevention of Breast Cancer among Urban and Rural Middle Aged Women in Selected Community areas of Bangalore With A View To Develop an Informational Booklet	21-28
Autogenic Drainage for Bronchopneumonia in Children	29-32
Socio-Cultural Practices Affecting Dietary Intake Among Pregnant Women In Migratory Communities. A Case of Maasai Community of Narok County, Kenya	33-36
The Prevalence, Effects and Management of Primary Dysmenorrheaamong University Female Students	37-44
Assessment of Knowledge of Dietary Choices and Practices of Pregnant Women Attending Antenatal Care At A Primary Health Centre In Aba, Nigeria	45-50
Spiritual/Religious dimension in coping with breast cancer in the midst of the new coronavirus pandemic (COVID-19)	51-59
Covid-19: Knowledge, Perception and Health Education of Patients in Nigeria	60-68