

## TITLE

AUTHOR

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### ABSTRACT

#### PROBLEM STATEMENT

Development and assessment of the usefulness of physical examination tool on practice of staff nurses caring for patient living with HIV in a selected hospital.

#### OBJECTIVES OF THE STUDY

- To assess the practice on physical examination of staff nurses caring for patients living with HIV/AIDS.
- To develop and assess the usefulness of physical examination tool on practice of staff nurses caring for patient living with HIV.
- To determine the association between the pre-test and post-test practice of staff nurses caring for patient living with HIV.

#### BACKGROUND OF THE STUDY

HIV (Human Immuno deficiency Virus) is the world's leading infectious killer. There can be many symptoms associated with HIV associated opportunistic infections. A good physical examination will help to find these infections at the early stage.

#### METHODS

The study was used quantitative evaluative approach with quasi experimental design. 50 staff nurses caring for patient living with HIV was selected with convenient sampling from the selected hospital. Investigator developed physical examination tool after updating the knowledge after reviewing relevant literature. An observational check list was used to assess the pre and posttest practice of staff nurses.

#### MAJOR FINDINGS

There was equal distribution of subjects according to their age (50%), majority of the subjects were GNM nurses 47(94%), 27(54%) of them had 1-9 years of experience as a staff nurse, 39 (78%) subjects had experience in caring PLHIV since 10 years or less, majority of the subjects were working in the selected hospital since 10 years or less, most of the subjects 33(66%) were regularly practicing physical examination, but 10(20%) of them never practiced it during their professional life. Majority of the subjects 29 (58%) did not undergo any in-service education program regarding physical examination. The practice score findings of the study showed significant difference between pretest and posttest scores. This study clearly showed that most of the staff nurses had less practice of physical examination. The developed physical examination tool was helpful to improve the practice of physical examination among the staff nurses caring patient living with HIV. So efforts should be made to improve the practice of physical examination among staff nurses caring for patient living with HIV.

#### CONCLUSION

This study has clearly shown that most of the staff nurses had less practice of physical examination. The developed physical examination tool was helpful to improve the practice of physical examination among the staff nurses caring patient living with HIV. So efforts should be made to improve the practice of physical examination among staff nurses caring for patient living with HIV.

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