

**Managing Editor Board**

- ❖ Dr. Gamal Khalil, Egypt
- ❖ Dr. Seema Akbar, India
- ❖ Dr. Gusti Rusmayadi, Indonesia
- ❖ Dr. Salvatore Parisi, Italy
- ❖ Dr. John Jiya Musa, Nigeria
- ❖ Dr. Boutheina DOUH, Tunisia

**International Editorial Board**

- ❖ Dr. Ashish Kumar Singh, United States of America
- ❖ Dr. S. Shantha Kumar, India
- ❖ Dr. P.M. Telkhade, India
- ❖ Dr. M. Vijayaragavan, India
- ❖ Dr. Zawawi Daud, Malaysia
- ❖ Dr. Arti Gupta, India
- ❖ Dr. Yogesh Patil, India
- ❖ Dr. Ali Essahlaoui, Malesiya
- ❖ Dr. Saltanat Parveen, India
- ❖ Dr. Archana Saily Painuly, India
- ❖ Dr. Miltonprabu, India
- ❖ Dr. Ashok Kumar Pandurangan, Virgin Islands (USA)
- ❖ Dr. Kanchan Deoli Bahukhandi, India
- ❖ Dr. Sangita Pradeep Ingole, India
- ❖ Dr. Deen Dayal Giri, India

**Contact Us**

Website URL : [www.iosrjournals.org](http://www.iosrjournals.org)  
Email : [Support@iosrmail.org](mailto:Support@iosrmail.org)



**Qatar Office:**

IOSR Journals  
Salwa Road  
Near to KFC and Aziz  
Petrol Station,  
DOHA, Qatar

**India Office:**

EHTP, National  
Highway 8, Block A,  
Sector 34, Gurugram,  
Haryana 122001

**Australia Office:**

43, Ring Road,  
Richmond Vic 3121  
Australia

**New York Office:**

8th floor, Straight hub,  
NS Road, New York,  
NY 10003-9595



**Contents:**

Contentment As A Buddhist Principle For Ecological Harmony	01-03
Climate And Water Resources Dynamics In Kinshasa (DRC) From 1980 To 2024: Multi-Parameter Analysis And Projections To 2050	04-15
Indigenous Water Conservation Techniques In India	16-19
Occupational Exposure To Nail Cosmetic Chemicals And Associated Health Risks	20-24
Microalgae In Functional Food Development: Nutritional Value, Bioactivity, And Future Perspectives	25-35
Fish Diversity With Seasonal Variation Of Water Quality In Parasdoh Dam Tapti River At Betul District (M.P.)	36-43
Food Quality And Shelf-Life Assessment Of Ready-To-Heat Breaded Product Prepared From Swordtip Squid ( <i>Uroteuthis Duvacelii</i> )	44-59
Hydrogeochemical Study Of Karst Formation And Drinking Water Quality In Kanger Valley And Adjoining Region, Bastar, Chhattisgarh, India	60-65