

# Evolution of microspheres by adding fluoride releasing ions in restorative materials and it's effects: A review study

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## Abstract:

**Background:** Molecular engineering is a technique through which microspheres and other forms can be generated. Their size varies from varying hundreds of micrometers and proves to be advantageous in varying fields. These microspheres are also known as microparticles and are helpful in various means such as core protection, cellular preservation from external environment, targeting at a particular site, efficiency oriented, drug release in a controlled manner. It has a role which is very much elaborated as it can be used in multiple forms. It has main role which is being projected in the form of carrier of different molecules or ions in order to provide sustained release and prolonged effectiveness.

**Keywords-** Microparticles, microspheres, microcapsules, microsponges, fluoride recharge, fluoride release

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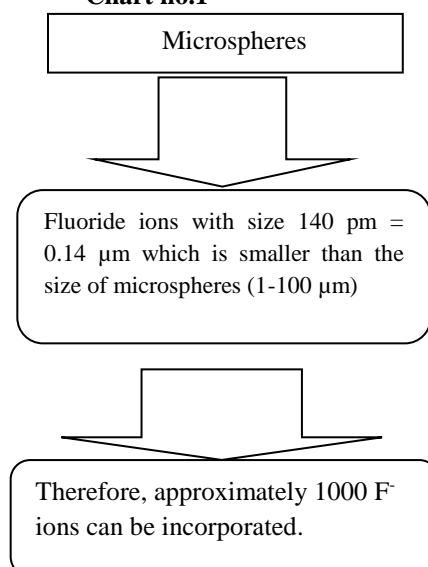
## I. Introduction

Molecular engineering is a technique in which incorporation of molecules or ions is engineered in such a way that proteins, polymers, ceramics encased required substance in order to allow prolonged release of molecules or ions.<sup>1</sup> Since in one of the study it has been proved slow release of amoxicillin into the root canal system.<sup>2</sup> There are different forms of microspheres available which acts differently and reveals different modes of actions. For example, biodegradable polymeric microspheres helps in repairing dentinal defects in forms of injectionms, medicines incorporation which are therefore, less invasive and helpful in short handling time.<sup>3</sup> Ceramic microspheres attain substantial bioactive property and it's porosity helps in releasing molecules at a progressive level.<sup>4</sup> Since fluoride ion size is 0.14µm, so it can be easily adjustable within microspheres.

## II. Review

Fluoride ions are the integral component in prevention of dental caries and inducing remineralisation process.<sup>5</sup> According to American Dental Association, fluoride elements are available in different forms such as tablets, drops, lozenges.<sup>6</sup> Fluorides have a tendency to recharge and release at it's own pace which is incorporated within the dental restorative materials.<sup>7</sup>

Chart no.1



#### Numerical analysis of fluoride ions incorporated within microsphere

On the basis of the thickness of hydrogel matrix formation, fluoride ions will be discharged accordingly.<sup>8</sup> Degree of discharge of fluoride ions depend on the kind of media it is released.<sup>9,10</sup> Therefore, kind of media in which microsphere will be kept has to be considered.

On the other hand, nanofibrous impregnated microspheres with fluoride ions included can show effective results in future. The main advantage of fluoride ion is it not only release ions but also regulates pH and induces remineralisation by formation of hydroxyapatite layer formation.<sup>11</sup> In relation to certain reports, it is documented that even 0.03-0.07 ppm F<sup>-</sup> ion can show greater transformation of dentinal structure as it tends to convert from demineralisation to remineralisation phase.<sup>12,13</sup> This phase is stimulated by supersaturation of Ca<sup>+2</sup> and PO<sub>4</sub><sup>3-</sup> ions from the saliva as pH is maintained.<sup>14</sup> Dynamics of tooth and saliva in terms of ions exchange is proportionately balanced by substitution of hydroxyl ions by hydroxyapatite and formation of calcium fluoride.<sup>15</sup> The key phenomenon of alkalinity is formation of hydroxyapatite. The formation of thin surface layer formed by fluoride ions encountered not more than 3 atoms layer thick.<sup>16</sup> At very low concentrations, of the order of 3x10<sup>-5</sup> mg/L under both static and stirred conditions. At high concentrations of fluoride ions I.e., in the range of 100-1000 ppm and static conditions, uptake has been shown to follow pseudo second order kinetics.<sup>17</sup> Conventional restorative materials not only tends to discharge fluorine ions but also able to absorb at it's own pace.<sup>18,19</sup> CaF(OH) has tendency to increase the fluoride concentration in the tooth mineral as increased fluoride ions can be easily uptake by dentine and cementum.<sup>20,21</sup> Ions tends to dissolute in oral fluids so ions to be sufficiently present in any form of substitutes such as microspheres or restorative materials.<sup>22,23</sup>

### III. Conclusion:

With the overview of complete analysis, it has been concluded that carrier of any ions and subsequently it's release is important in order to come to a certain conclusive remarks.

### IV. Conflicts of Interest

The authors declare no conflicts of interest regarding the publication of this paper.

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