

Imaging diagnosis of orbital granulomatosis with polyangiitis

Abstract :

Wegener's granulomatosis (WG) or granulomatosis with polyangiitis is a vascular disease which is causing necrotizing granulomatous vasculitis that mainly affect the upper and the lower respiratory tract, and the kidney. The ophthalmologic manifestations are not very usual ; they are rarely the first symptoms occurring the WG disease but can complicate it.

Report cas of 35 y man who is known as a carrier of WG thing that was confirmed by clinical and biological tests especially ANCA, then the patient presented ophthalmic symptoms such as exophthalmos, ICH syndrome and bilateral ptosis and the diagnostic of orbital Wegener was called up based on CT and MRI where we could see orbital pseudo-inflammatory masses and also hypertrophy of sinus wall and pachymeningitis.

Key words : Wegener disease ; Granulomatosis ; polyangiitis ; Vasculitis ; ocular involvement ; pseudotumor ; CT ; MRI

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I. Introduction :

Wegener's granulomatosis is also called granulomatosis with polyangiitis is a systemic disorder characterized by necrotizing granulomatous vasculitis that was described in 1936 for the first time, its pathophysiology is unknown. It affects mainly the ENT region, the lung and kidneys.

Ocular manifestations in WG patients are not the first symptom, it does go along with a systemic change but it can complicate symptoms and spoil the quality of patients.

II. Case Presentation :

35 y man who is known with a history of convulsions in the childhood that never been explored, he was admitted to the ER for a status epilepticus, the first examination, also the biological and the radiological analysis didn't show any abnormality. The patient was sent home with asymptomatic treatment.

01 month later, he was back in the ER with an ICH syndrome, horizontal diplopia and ptosis. The clinical examination has shown a drowsy patient, febrile at 38° with a light bilateral exophthalmos left most (figure 1) with a ptosis in the same side and ophthalmoplegia.



Figure 1 : Exophthalmos and sinus fistula

Lumbar puncture was practiced with pressure measurement that showed a 36 cm H₂O (normal pressure is around 12-15 cm of water), then a cytochemical and bacteriological study of the CSF was normal and the patient was going on meningitis dose of antibiotic.

Ophthalmologic examination didn't show any sign of vasculitis

Biopsy of nasal cavity was without any characteristics

Radiological exploration with a CT and an MRI after the diagnosis of WG was retained based on biological proofs found 02 intra orbital masses that could be compatible with granuloma, also a sinus wall thickening and pachymeningitis (figure 2-3).

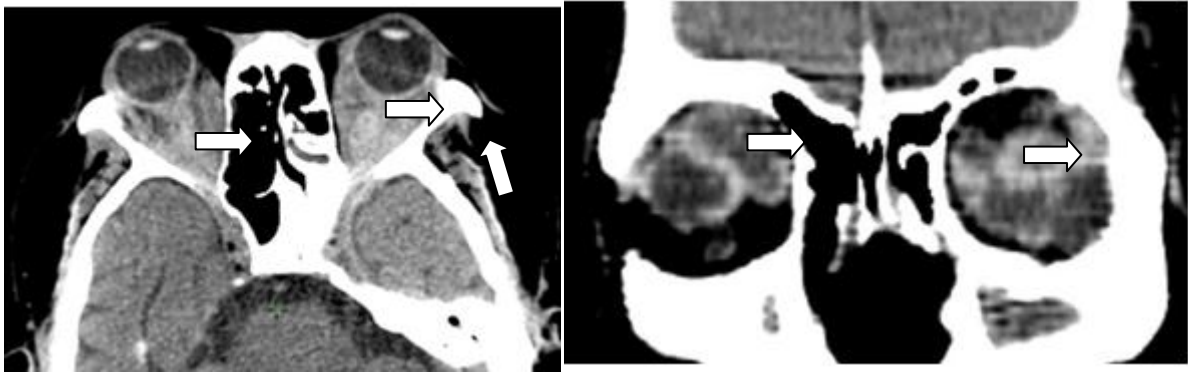


Figure 2 : enhanced CT-scan showing : 02 intraconic and retrocular masses surrounding the optic nerve and repressing the oculomotor muscle that is heterogeneously enhanced



Figure 3 : T2 and T1 weighted images MRI : bilateral retro-orbital masses that are showing hyperintense signal T2 and hypointense signal T1 with heterogeneous enhancement

The patient was going under corticotherapy then immunosuppressive, and finally chemotherapy after several relapses. After 4 years of chemotherapy with alkylating agent without any clinical improvement the patient was breaking out and so she was converted to palliative treatment.

Discussion :

Granulomatosis with polyangiitis (WG) is a rare chronic and idiopathic autoimmune disease that is responsible for necrotic of medium and small blood vessel's walls.

It affects preferentially the upper and lower airway microvessels or it has a predilection for the lung (95%), paranasal sinus (90%), naso-pharynx and the kidney (95%) which involves prognosis for survival [1]. Ocular involvement is rare but increases in frequency with time. [2].

The average age of onset is 40-50 years, but can develop at any age from 9-70 without any sex dominance. [3-4].

The diagnosis is based on a body of clinical and biological arguments and can be confirmed only by histology.

Clinically the disease presentation is the same of a simple sinusitis or chronic rhinitis with possible polyposis. Ocular symptoms are rarely the first ones to show up and could be explained by the proximity of the eye to paranasal sinus; those symptoms can be: exophthalmos, pain, ptosis, eyelid edema, eye movement limitation. Any segment of the eye can be affected. The anterior compartment and the eyeball are the mostly involved part and it will clinically show up as: dacryosistitis, conjunctivitis, keratitis, anterior necrotizing scleritis. [2]

Biologically, Serum anti-neutrophil cytoplasmic antibody (ANCA) can be measured in each patient, and it has a high sensitivity and specificity for diagnosis but it isn't pathognomonic for WG.

Histopathologically, the biopsy which is practiced in nasal mucosa or directly in the orbital masses shows three types of lesions: ischemic necrosis, giant cell granulomatosis and vasculitis of small and medium vessels. [4] However the biopsies could not be conclusive and shows just a non specific inflammatory type.

Radiologically, the CT scan and the MRI are the key to explain the ophthalmologic symptoms of the patient in first place, then it may suggest the diagnosis of WG and it also may appreciate the extension of the disease and the therapeutic response of the patient.

The CT scan shows intra-orbital and extra-ocular masses, that are aggressive of the neighbour structures, such as adjacent bone destruction or thickening. However, the CT can not make an affirmative diagnosis between the granulomatosis pseudo-tumor and other primitive or secondary tumor of the eye.

The MRI, will show unilateral or bilateral intra-orbital masses that has the same signal. Compared with the ocular

muscles, lesions generally show slightly lower T1WI and higher T2WI signals, and are homogeneously enhanced with indistinct boundaries. [5] the MRI will also show the granulomatosis extension to the surrounding structures (cavernous sinus, meninges, orbital fissure and optic foramen)

Imaging will also find a typical inflammatory granulomatous thickening of the sinus wall, beclouded bone destruction or thickening.

The medical treatment is essentially based on immunosuppressives in particular corticoides and lymphotoxic agents such as cyclophosphamides. When faced at treatment deficiency or failure some surgical methods remains essential such as endoscopic disobliteration, laryngoplasty or tracheotomy.. [4]

III. Conclusion :

Granulomatosis with polyangiitis or Wegener's granulomatosis (WG) is a lethal systemic disease, that orbital manifestations remain extremely rare, however the diagnosis should be highly suspected each time that a destruction of paranasal bone is associated to homogeneous masses. Early Diagnosis and treatment can improve significantly the prognosis and the quality of life of the patients.

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