

CT and MRI Correlation of Salivary Gland Pathology

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Abstract:

Back ground:

Neoplasm of the major salivary glands constitute less than 3% of all tumors in the body, many people have an illness related to the salivary glands at some time in their lives, differentiating benign from malignant conditions of salivary glands is vital in management of salivary gland pathologies by clinicians, Cross sectional Imaging modalities such as CT scan or MRI are regularly used for the diagnosis of pathologies involving salivary glands, particularly neoplastic lesions, to evaluate the efficacy of the CT scan and the MRI in identifying and differentiating malignant neoplasm from benign lesions, the aim of this study was correlate CT AND MRI findings in different neoplastic lesions involving salivary glands and evaluate efficacy of CT and MRI in differentiating benign neoplastic lesions from malignant lesions.

Materials and Methods:

In this prospective study, a total of 50 patients who were referred to department of radio diagnosis from department of ENT and general surgery with swelling and/or tenderness in the neck and parotid region were included in the study.

Patients presenting to radiology department having neck swellings not confined to salivary gland regions were excluded from the study along with patients with patients with pace makers, metal implants in their bodies, foreign bodies in their eyes and those having claustrophobia.

Lesions were categorized based on margins and concomitant lymphadenopathy and presence of extensions in surrounding tissue on CT and intensity of lesions on T2 weighted imaging was considered as an additional criterion to decide nature of lesion on MRI in addition to irregular margin, lymphadenopathy.

Results:

Out of 50 patients in this study, 70 % were male and 30 % were female. Youngest patient was 14 day-old and oldest patient was 77-year-old, majority of the patients were adults with highest number of them in the age group of 31-40 years (20 %), among our patients 46 patients (92%) showed benign lesions and 4 patients (8%) showed malignant lesions, pleomorphic adenoma was the most common neoplasm (42 %, 21 patients) identified followed by warthin tumour (14%, 7 patients) and

Conclusion:

CT and MRI are very helpful in identification and characterization of various pathologies involving salivary glands, however MRI examination is more sensitive in differentiating malignant lesions from benign conditions.

Key words: salivary gland neoplasms, MRI,

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I. Introduction

Neoplasm of the major salivary glands constitute less than 3% of all tumors in the body,¹ many people have an illness related to the salivary glands at some time in their lives. The process may be self-limited, such as with viral parotitis or mumps, but in others it may be a relapsing and remitting illness, such as chronic sialoadenitis secondary to Sialolithiasis. Still others may be evaluated for what is thought to be a salivary gland mass but is actually a mass peripheral to the glands, such as a lymph node. Very rarely, a nonnodal extra glandular lesion such as a schwannoma, masseteric hypertrophy, or other pseudo mass may be mistaken for a glandular process, even by experienced otorhinolaryngologists. Hence imaging plays a major role in evaluation of neck swellings in general and salivary gland pathologies in particular, cross sectional imaging examinations are regularly performed and it is important to differentiate benign conditions from malignancy. The aim of theof this study was to correlate CT and MRI findings in salivary gland pathologies and evaluate their efficacy in in differentiating benign neoplastic lesions from malignant lesions.

II. Materials and Methods

The present study was conducted at shri MP shah medical college during a period from September 2017 to September 2019 with written approval of ethical Committee and standard procedures.

Study Population:

Patients of various age groups referred to department of radio diagnosis from department of the ENT and department of General surgery with complaints swelling and or tenderness in neck and parotid region are included in the study

Sample Size:

A total of 50 patients having swelling and/or tenderness were included.

Inclusion criteria:

1. All the symptomatic Patients referred to radiology department for MRI scan of salivary gland pathology.
2. Already diagnosed cases of specific salivary gland lesion which need further radiological investigation for better tissue characterization and extension.
3. Only those patients fulfilling above mentioned inclusion criteria and willing to Participate in study.

Exclusion criteria:

1. Patients presenting to radiology department having neck swellings not confined to salivary gland regions.
2. Patients with pace makers, metal implants in their bodies, foreign bodies in their eyes and those having claustrophobia.

Methods of collecting data:

- A. Clinical: all the patients were subjected to detailed clinical history and examination as outlined in proforma.
- B. Investigation: Routine blood investigation was documented in needy patients: Complete hemogram, which includes Hb, total and differential count, erythrocyte sedimentation rate.
- C. Radiological investigation:

Magnetic Resonance Imaging technique

- MRI of the neck was done in a dedicated neck coil sufficient in size to cover the patient from the level of base of skull to T1 vertebral body.
- In order to obtain high-quality images, the patient were instructed not to talk or move and if possible, to minimize swallowing. If possible, the patient should not fall asleep, as snoring often degrades image quality.
- For the routine MR examination, sagittal T1-weighted, spin-echo localizer images were obtained. Axial T1-weighted and fast spin-echo, T2-weighted images are then obtained through the field of interest. A coronal and axial STIR sequence also provides an additional orthogonal view.
- Sections 4 or 5 mm thick, with a 1-mm interstice gap, are mandatory to prevent volume averaging. Proper acquisition parameters are also essential for optimal imaging of the pharynx.
- An 200 to 240-mm F CV with smaller matrix (256 x 256) without a phase wrap artifact as this will help increase the signal-to-noise ratio of this smaller region. Pre-saturation pulses are also helpful to reduce the often troublesome phase-encoding flow artifact.

Patient position:

Patient in a supine position within head and neck coil. Head is immobilize with cushion. Centre the laser beam one inch below the chin,

Planning of sequences:

Localizer is taken in all three planes.

Coronal reference line:

Plan the coronal slices on sagittal plan. Position the block parallel to cervical spine. In the axial plane place, the position block parallel to sternoclavicular joint. FOV extending from frontal sinus to clavicle.

Sagittal reference line:

Plan the coronal slices on sagittal plan. Position the block parallel to cervical spine. In the axial plane place, the position block parallel to midline of neck. FOV extending from frontal sinus to clavicle.

Axial reference line:

Planning the axial slices done on sagittal plane. Position the slice block perpendicular to cervical spine in sagittal and coronal plane. FOV extending from frontal sinus to clavicle.

Statistical Methods:

Descriptive statistical analysis has been carried out in the present study. Results on continuous measurements are presented on Mean 1: SD (Min-Max) and results on categorical measurements are presented in Number (%),

Diagnostic statistics viz. Sensitivity, Specificity, PPV, NPV and Accuracy have been computed to find the correlation of MRI with pathological findings.

COMPUTED TOMOGRAPHY IMAGING TECHNIQUE

- A CT scan machine uses special X ray machine to take detailed picture of organs and tissues inside the body.
- CT scans of the neck provide more details on neck injuries, tumors and other diseases than other types of X Ray.
- CT can also bone, soft tissues and blood vessels in the same picture.

EQUIPMENT:

Dual source 16 slice computed tomography scanner (BRIGHT SPEED, GL HEALTH CARE, UK)
 Position – Supine, neck entered in gantry, gantry straight up. Scanning parameters:
 Helical, thin overlapping slices 0.625 mm thick, 200 mA, 120 Kv “Boneplus” and “standard” algorithm.

III. Results

TABLE-1
AGEINCIDENCE

SRno	AGE	No.ofcases	Percentage(%)
1.	0-10	3	6
2.	11-20	4	8
3.	21-30	8	16
4.	31-40	11	23
5.	41-50	9	18
.6.	51-60	11	21
7.	61-70	3	6
8.	71-80	1	2
	TOTAL	50	100

In our study, the incidence of salivary gland pathology was highest in cases of age range of 31-40 years and 51-60 years.

TABLE-2
No of benign and malignant cases according to age group

AGE	No.ofbenigncases	Percentage(%)	No.ofmalignantcases	Percentage(%)
0-10	3	6.5		
11-20	4	8.6		
21-30	8	17.39		
31-40	10	21.73	1	25
41-50	9	19.56		
51-60	8	17.39	3	75
61-70	3	6.5		
71-80	1	2.17		
TOTAL	46	100	4	100

In our study, majority of benign lesion was found in 31-40 years of age and majority of malignant cases found in 51-60 years of age group.

TABLE-3
SEX INCIDENCE

SEX	No. ofcases	Percentage(%)
MALE	35	70
FEMALE	15	30
TOTAL	50	100

The gender distribution in our study shows male predominance. 35 males (70%) and 15 females (30%) were affected and male:female ratio was 1.5:1.

TABLE-4
DISTRIBUTION OF LESIONS IN SALIVARY GLAND

LOCATION	No. of cases	Percentage(%)
PAROTID	34	68
SUBMANDIBULAR	15	30
SUBLINGUAL	1	2
TOTAL	50	100

In our study, majority of lesions are found in parotid gland (78%), next common involvement is of submandibular gland (30%) and the least involvement was of sublingual gland (2%).

TABLE-5
DISTRIBUTION OF INTRAPAROTID LESIONS IN SUPERFICIAL AND DEEP LOBES

Lobe	No. of cases	Percentage(%)
SUPERFICIAL	19	55.88
DEEP	3	8.8
BOTH	12	35.29
TOTAL	34	100

Above table shows majority of lesions in parotid gland involve superficial lobe with 55.88%.

TABLE-6
FREQUENCY OF SALIVARY GLAND LESIONS BY MRI

SRNO	MR Diagnosis	No. of cases	Percentage(%)
1.	PLEOMORPHIC ADENOMA	21	42
2.	WARTHIN TUMOR	7	14
3.	LIPOMA	1	2
4.	SIALOADENITIS	8	16
5.	RANULA	1	2
6.	SJOGREN	1	2
7.	PAROTITIS	3	6
8.	ABSCESS	2	4
9.	LYMPHOMA	2	4
11.	MALIGNANT MASS	2	4
12.	BENIGN LESION	2	4
	TOTAL	50	100

In our study, majority of patients having the benign solid lesions pleomorphic adenoma (42%), the next common lesion was sialoadenitis consisted (16%) of cases and third common lesion was Warthin tumor (14%).

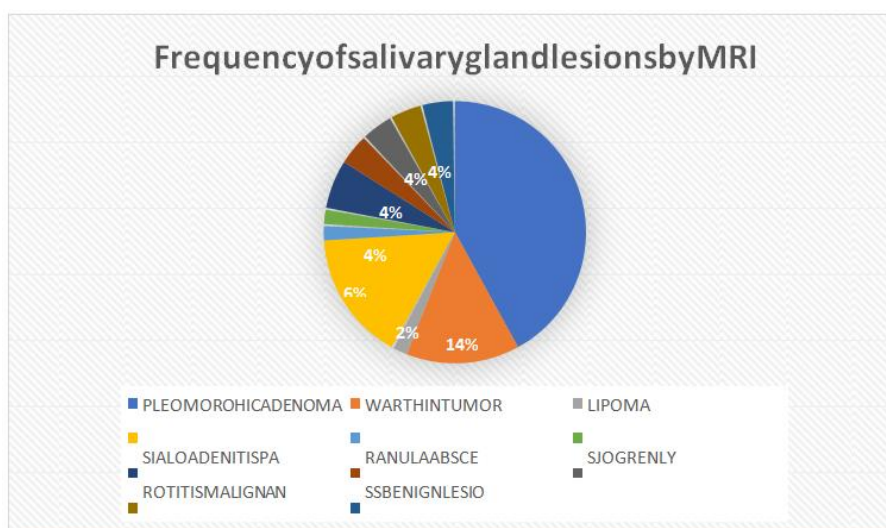


TABLE-7
FREQUENCY OF SALIVARY GLAND LESIONS BY CT scan.

SRNO	MRIDiagnosis	No.ofcases	Percentage(%)
1.	PLEOMOROHICADENOMA	21	42
2.	WARTHINTUMOR	7	14
3.	LIPOMA	1	2
4.	SIALOADENITIS	8	16
5.	RANULA	1	2
6.	SJOGREN	1	2
7.	PAROTITIS	3	6
8.	ABSCCESS	2	4
.9	LYMPHOMA	2	4
11.	MALIGNANTMASS	2	4
12	BENIGNLESION	2	4
	TOTAL	50	100

In our study, majority of patients having the benign solid lesions pleomorphic adenoma (42%), the next common lesion was sialoadenitis consisted (16%) of cases and third common lesion was Warthin tumor (14%).

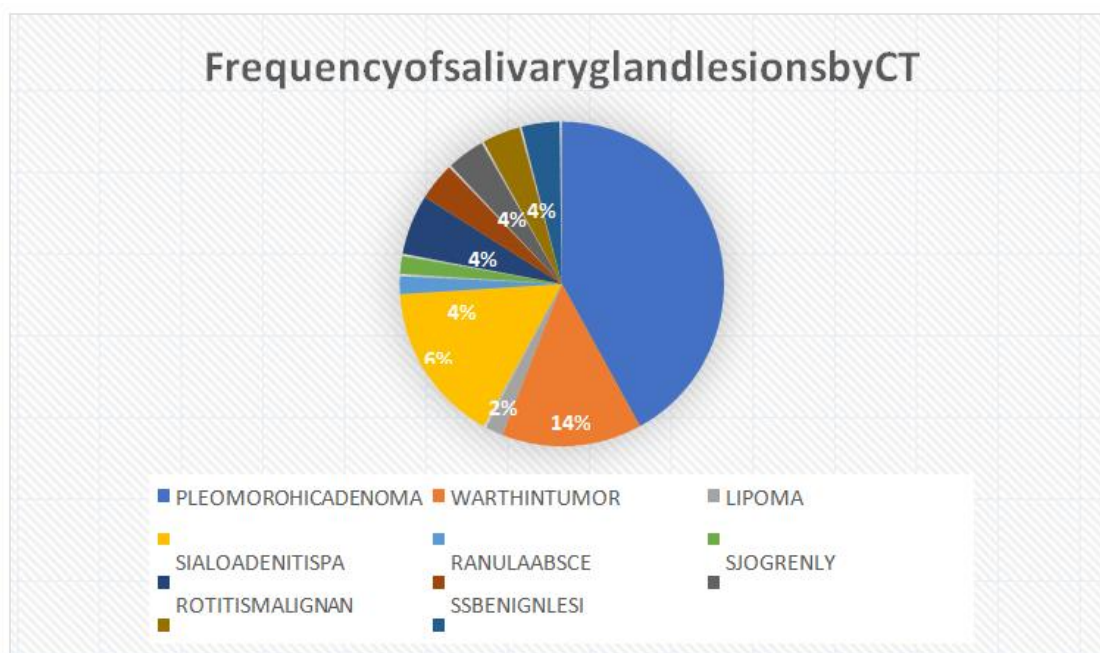


TABLE-8
FREQUENCY OF SALIVARY GLAND LESIONS BY PATHOLOGICAL EXAMINATION

SRNO	MRIDiagnosis	No.ofcases	Percentage(%)
1.	PLEOMOROHICADENOMA	18	36
2.	WARTHINTUMOR	8	16
3.	LIPOMA	1	2
4.	SIALOADENITIS	8	16
5.	RANULA	1	2
6.	SJOGREN	1	2
7.	PAROTITIS	3	6
8.	ABSCCESS	2	4
.9	LYMPHOMA	2	4
11.	MALIGNANTMASS	2	4
12	BENIGNLESION	2	4
	TOTAL	50	100

In our study, majority of patients having the benign solid lesions pleomorphic adenoma (36%), the next common lesion was sialoadenitis consisted (16%) of cases and Warthin tumor (16%).

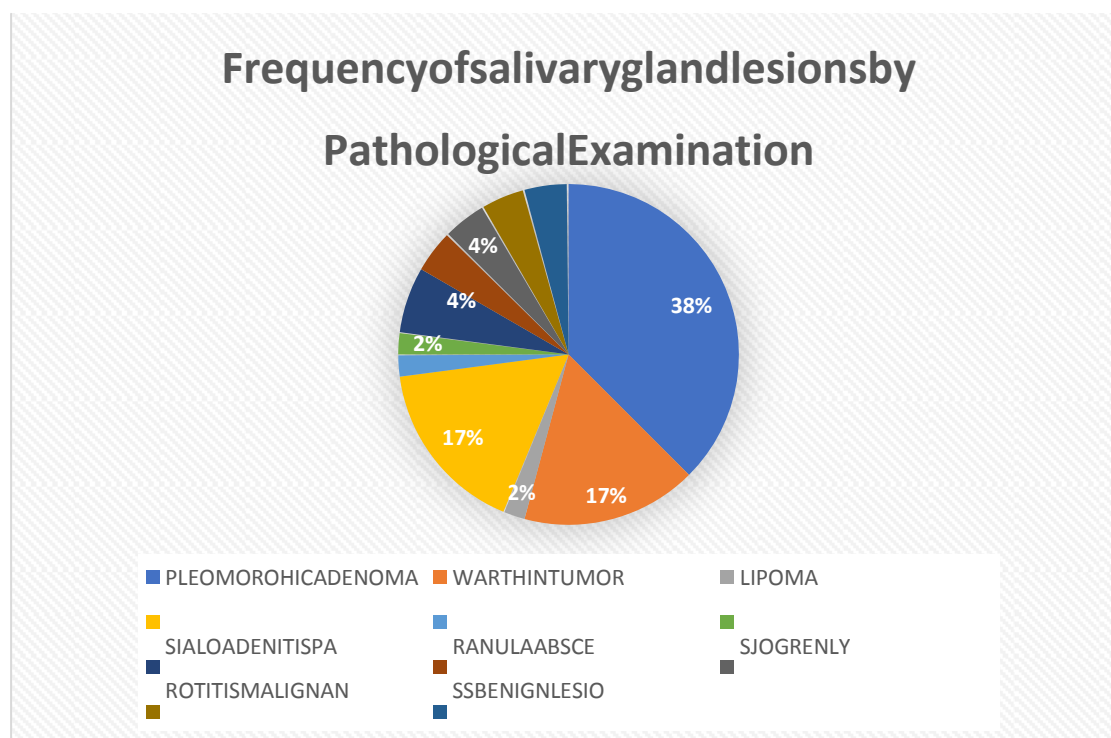


TABLE-9
NUMBER OF BENIGN AND MALIGNANT LESIONS IN SALIVARY GLANDS ACCORDING TO MRI FINDINGS

Lesion	No. of cases	Percentage (%)
BENIGN	46	92
MALIGNANT	4	8
TOTAL	50	100

In our study majority of lesions were benign 92% of all cases.

TABLE-10
DISTRIBUTION OF LESIONS AMONG SALIVARY GLANDS

SRNO	MR Diagnosis	Parotid gland	Submandibular glands	Sublingual gland
1.	PLEOMORPHIC ADENOMA	16	1	1
2.	SIALOADENITIS		8	
3.	WARTHIN	8		
4.	ABSCESS		2	
5.	LYMPHOMA	1	1	
6.	LIPOMA	1		
7.	RANULA		1	
8.	PAROTITIS	3		
9.	SJOGREN	1		
10.	MALIGNANT LESION	1	1	
11.	ADENOMA	1	1	
12.	BENIGN LESION	2	0	
	TOTAL	34	15	1

Above table shows majority of salivary gland lesions were found in parotid gland (34 cases) and second commonest involvement is of submandibular gland (15 cases) and least involvement of sublingual gland (1 case).

TABLE-11
DISTRIBUTION OF BENIGN AND MALIGNANT LESIONS AMONG SALIVARY GLAND

Lesion	Parotid gland	Submandibular gland	Sublingual gland
BENIGN	32	13	1
MALIGNANT	2	2	
TOTAL	34	15	1

Above table shows majority of benign and malignant lesions were found in parotid gland.

TABLE-12
DISTRIBUTION OF SIALOADENITIS AMONG SALIVARY GLANDS

Salivary glands	No. of cases	Percentage (%)
PAROTID	-	-
SUBMANDIBULAR	8	100
SUBLINGUAL	-	-
TOTAL	8	100

Above table shows majority inflammatory lesions involves submandibular gland.

TABLE-13
DISTRIBUTION OF PLEOMORPHIC ADENOMA AMONG SALIVARY GLANDS

Salivary glands	No. of cases	Percentage (%)
PAROTID	16	88.88
SUBMANDIBULAR	1	5.5
SUBLINGUAL	1	5.5
TOTAL	18	100

Above table shows majority of pleomorphic adenoma involves parotid gland (88.88%)

TABLE-14
DISTRIBUTION OF MALIGNANT MASS AMONG SALIVARY GLANDS

Salivary glands	No. of cases	Percentage (%)
PAROTID	2	50
SUBMANDIBULAR	2	50
SUBLINGUAL	-	-
TOTAL	4	100

Above table shows majority of malignant mass lesions involves parotid (50%) and submandibular gland (50%).

TABLE-15
DISTRIBUTION OF LESIONS AMONG SALIVARY GLANDS ACCORDING TO MARGINS

Margins	Malignant	Percentage	Benign	Percentage
IRREGULAR	1	25	-	-
REGULAR	2	50	45	97.82
ILLDEFINED	1	25	1	2.17
TOTAL	4	100	46	100

Above table shows majority of regularly marginated lesions are benign (97.82%) and (50%) malignant lesions have regular margin.

TABLE-16
DISTRIBUTION OF LESIONS AMONG SALIVARY GLANDS ACCORDING TO LYMPHADENOPATHY

Lesions	Malignant	Percentage	Benign	Percentage
With lymphadenopathy	3	75	30	65.21
Without lymphadenopathy	1	25	16	34.78

Above table shows majority of malignant lesions are associated with lymphadenopathy. (75%)

TABLE-17
EVALUATION OF INTENSITY OF LESION IN T2WI

T2 INTENSITY	No. of cases	Percentage (%)
HYPOINTENSE	5	10
HYPERINTENSE	45	90
TOTAL	50	100

In our study majority of lesions appear hyperintense (90%) on T2WI.

TABLE-18
CHARACTERISTIC OF LESION ON T2WI

SRNO	MR Diagnosis	HYPOINTENSE	HYPERINTENSE
1.	PLEOMORPHIC ADENOMA		21
2.	WARTHIN TUMOR	4	3
3.	LIPOMA	1	
4.	SIALOADENITIS		8
5.	RANULA		1
6.	SJOGREN		1
7.	PAROTITIS		3
8.	ABSCESS		2
9.	LYMPHOMA		2
11.	MALIGNANT MASS		2
12.	BENIGN LESION		2
	TOTAL	5	45

Above findings show that majority of benign and malignant lesions are hyperintense on T2WI.

TABLE-19
EVALUATION OF INTENSITY OF LESION IN T2WI

T2 INTENSITY	Pathological malignant	Pathological benign	Total
HYPOINTENSE		5	5
HYPERINTENSE	4	41	45
TOTAL			50

In our study most of the benign (41 cases) and malignant (4 cases) lesions are hyperintense on T2WI and 5 cases are hypointense on T2WI.

1. Comparison for the age distribution for the salivary gland lesions.

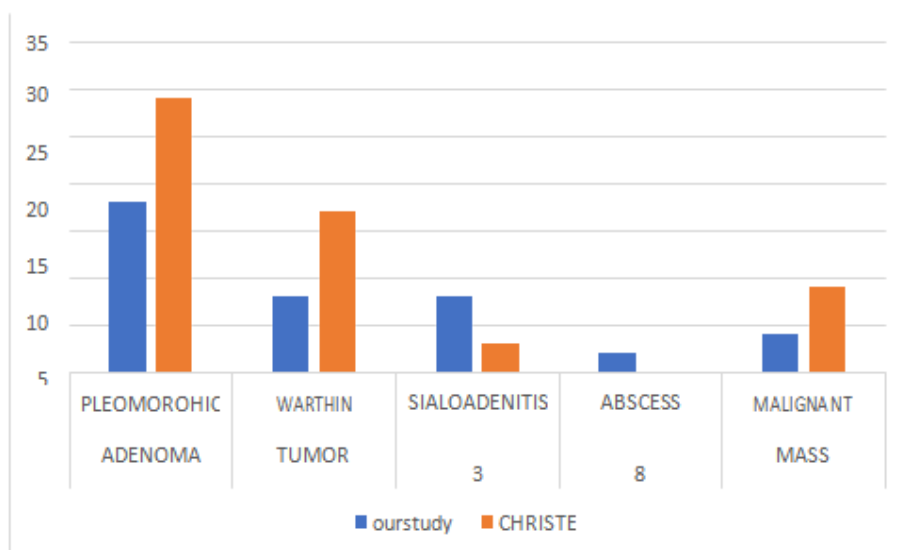
In our study 50 patients ranging from 0 to 80 years, the youngest patient is 14 days old and the oldest is 77 years old with maximum patients are found between 31 to 40 years and between 51 to 60 years. Majority of benign lesions were found in 31-40 years of age and majority of malignant cases were found in 51-60 years of age group. These findings are compatible with study done in Karnataka Institute of Medical Science, Hubali, Karnataka by Dr. Salapathi.² Which shows benign lesions occurred between age of 20-60 years and majority of malignant lesions occurred >40 years patient. For all age group benign tumors are more common than malignant tumors.

SRno	AGE	No.ofcases	Percentage (%)	No.ofcases-dr.salapa thistudy	Percentage (%)
1.	0-10	3	6	0	0
2.	11-20	4	8	9	9.3
3.	21-30	8	16	20	20.8
4.	31-40	11	22	15	15.6
5.	41-50	9	18	18	18.7
.6.	51-60	11	22	16	16.6
7.	61-70	3	6	18	18.8
8.	71-80	1	2	0	0
	TOTAL	50	100	96	100

2. Comparison of benign and malignant lesions of salivary glands:

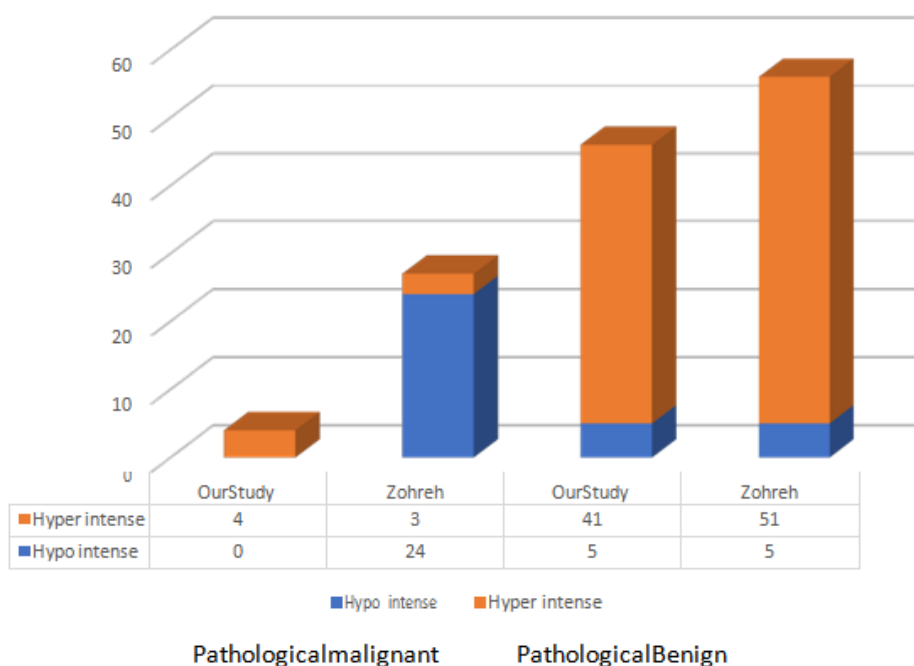
In our study group 46 patients are found with benign lesions and 4 are found to have malignant lesions. Of the benign entities, there were 18 (36%) pleomorphic adenomas, 8 (16%) Warthin tumor, 8 (16%) sialoadenitis, 2 (4%) abscess, 4 (8%) malignant mass. These findings are compatible with a study of 84 patients done by A. Christie et al.³

SRNO	MRIDiagnosis	OURSTUDY	Percentage(%)	CHRISTE	Percentage(%)
1.	PLEOMORPHIC ADENOMA	18	36	29	34
2.	WARTHIN TUMOR	8	16	17	20
3.	SIALOADENITIS	8	16	3	4
8	ABSCESS	2	4	0	0
11.	MALIGNANT MASS	4	8	9	10.71



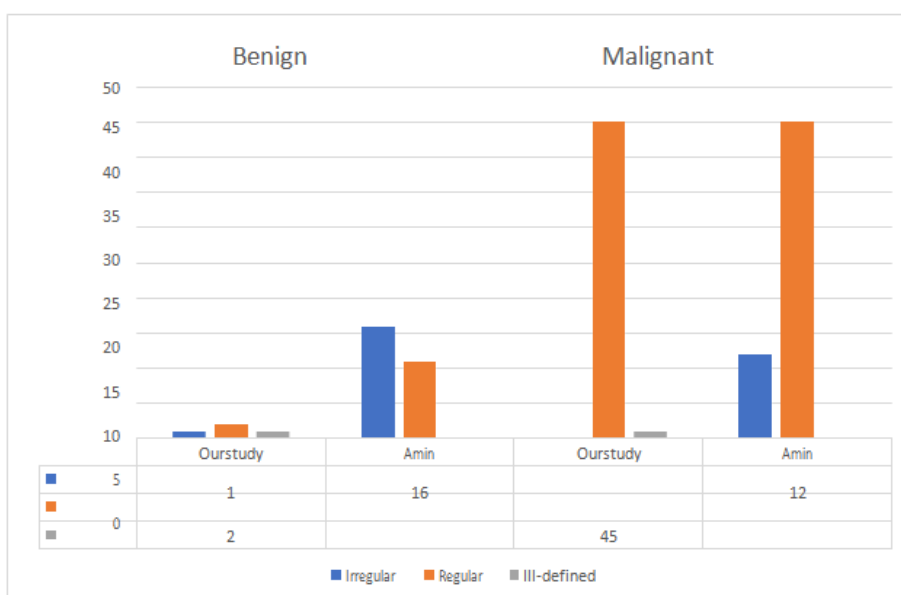
3. Evaluation and comparison of T2 signal intensity as a predictor of benign and malignant lesion study.

T2 INTENSITY	Pathological malignant		Pathological benign	
	Ourstudy	Zohreh	Ourstudy	Zohreh
HYPOINTENSE	-	24	5	5
HYPERINTENSE	4	3	41	51
TOTAL	4	27	45	56



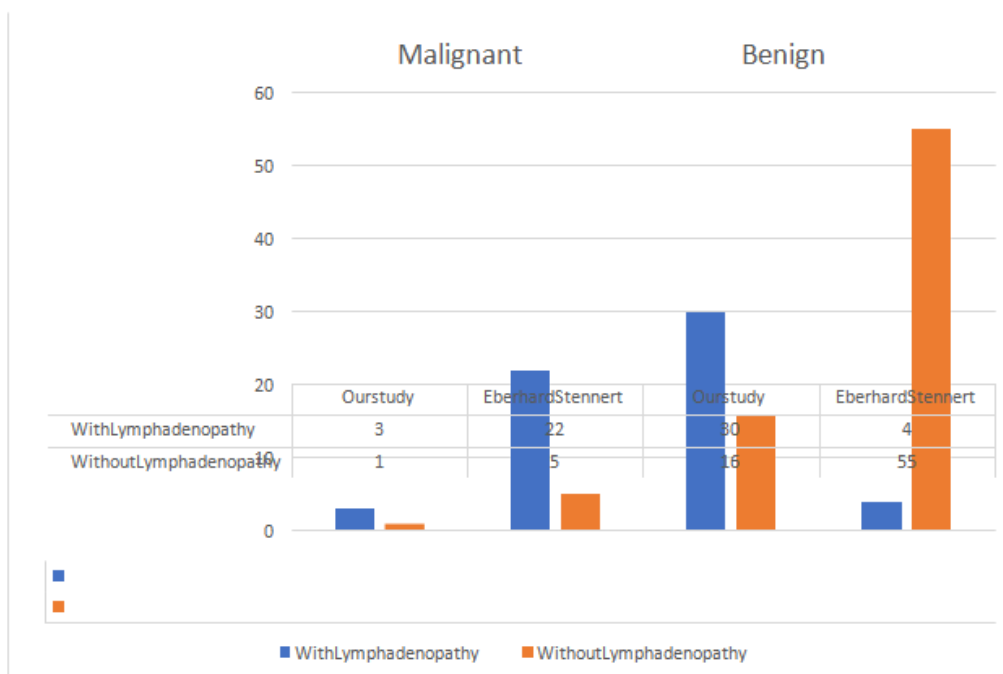
4 Evaluation and comparison of irregular margins as predictor of benign and malignant lesion study.

Margins	Malignant		Benign	
	Ourstudy	Amin	Ourstudy	Amin
IRREGULAR	1 25%	16 83%	-	12 17%
REGULAR	2 50%	11 10%	45 97.82%	45 90%
ILLDEFINED	1 25%	0	1 2.1%	0
TOTAL	4	27	46	57



5. Evaluation and comparison of lymph nodes as a predictor of benign and malignant lesion study.

Lesions	Malignant		Benign	
	Our study	Eberhardstennert	Our study	Eberhardstennert
With lymphadenopathy	3 75%	22 83%	30 65.21%	4 9%
Without lymphadenopathy	1 25%	5 17%	16 34.78%	55 91%



IV. Discussion

The present study is conducted over 2 years (2017-2019) of 50 patients in department of radio diagnosis, Guru Gobind Singh hospital, Jamnagar.

Majority of patients are from the age group of 30-40 and 50-60 years and their percentages are 44 %.

Further classification of age distribution is based on major pathologies was done. There are total 46 benign lesions and 4 malignant lesions. Benign lesions of salivary glands are noted to be more common in the age group 30-40 years making 10 out of 11 benign lesions. Most of the malignant lesions are noted in more 50-60 years' age group.

Structural distribution of lesions demonstrates majority of lesions in parotid gland are benign accounting 32 lesions out of 34 lesions and 2 lesions are malignant. Similarly, majority of submandibular lesions are benign accounting 13 lesions out of 15 lesions and 2 lesions are malignant. However, the percentage of malignancy is higher in submandibular gland as compared to parotid gland suggestive of smaller the gland higher the chance of lesion being malignant.

The present study shows majority of lesions are unilateral, which are 44 out of 50 cases and 6 are bilateral. The most benign and malignant cases are unilateral.

The study shows male predominance both for benign and malignant lesions.

Most benign and malignant salivary gland lesions can be discriminated by their appearance on MR imaging using a standard neck protocol 4.

Most of the benign lesion found is pleomorphic adenoma and majority of them shows classic T2 bright signals. Similarly, the other benign lesions like warthin tumor, cyst and venous malformation also shows T2 bright signals.

The specific signs predictive of malignancy on MRI are:

- **Low signal intensity on T2WI.**

Low SI on T2-weighted images is a useful indicator for malignancy with Sensitivity-100%

Specificity-97.3% PPV-92.8%

NPV-100% and

- **Presence of ill-defined margin.**

The presence of ill-defined margins in MR imaging is a useful indicator for malignancy with

Sensitivity-84.62% Specificity-94.59% PPV-84.62%

NPV-100%

- **Presence of extensions in surrounding tissue.**

The presence of extensions in MR imaging is a useful indicator for malignancy with Sensitivity-76.92%

Specificity-91.89% PPV-96.92%

NPV-91.89% and

- **Lymphadenopathy**

The presence of lymphadenopathy in MR imaging is a useful indicator for malignancy with

Sensitivity-92.31% Specificity-78.38% PPV-60.00%

NPV-96.67%

V. Conclusion

Salivary gland pathologies are very common in clinical practice and constitute a significant portion of patients with swelling and tenderness in cervical region, CT and MRI are vital in identification and characterization of various pathologies involving salivary glands,

CT scan is important identifying the presence of benign or malignant lesions and their extent and relation with surrounding structures, and however MRI examination is able identifying for smaller lesions and more equipped to delineate the nature of the lesions because of its ability to differentiate different types of soft tissues in this study based on presence of irregular margins, extension into surrounding tissue, concomitant lymphadenopathy and hyperintensity on T2WI.

This study shows MRI examination although expensive is more sensitive in differentiating malignant lesions from benign conditions, this study recommends using MRI in evaluating salivary lesions.

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