

Initiation of JE Vaccination-An Experience: A Mixed Method Study In A Tertiary Care Center of West Bengal, India

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Abstract

Background: JE is an emerging public health problem in India. JE vaccine has been incorporated in the National Immunization Schedule in India following mass vaccination.

Objectives: To explore the experiences gathered during mass vaccination period in a tertiary care center.

Methodology: A mixed method approach consisting of a cross-sectional survey and qualitative study was adopted. The qualitative study was included to obtain more in-depth understanding of the experiences and perspectives of frontline workers and the team leader in form of in depth interview of LMO of satellite center and FGD among all PHNS involved in the activity.

Result: Among 2437 vaccinees surveyed, majority belonged to 1-5 years age group followed by 6-10 years. Only half of the caregivers of surveyed population knew the purpose of vaccination and 6% perceived that the vaccine prevents 'Dengue'. No AEFI was reported during and one month following the mass vaccination. Qualitative approach revealed huge enthusiasm among the people about the vaccine, lack of staff and space to cater large age group section and inappropriate rush during the vaccination sessions and impairment of routine vaccination during the mass vaccination period.

Conclusion: Thoroughly planned systematic IEC activities and prior deployment and orientation of staffs are pre requisites for conducting such large scale mass vaccination programme.

Key words: FGD, In depth interview, JE vaccine, Mass vaccination,

I. Introduction

JE is an emerging public health problem with complex eco-epidemiological characteristics that poses a serious challenge in terms of prevention and control. A leading viral cause of Acute Encephalitis Syndrome (AES) is highly prevalent in India. [1] In 2014, 1661 cases of JE were reported from 15 states and union territories of India, out of which 293 (17.6%) died. Assam, West Bengal, Uttar Pradesh (UP) and Jharkhand reported maximum number of cases. [2] Japanese Encephalitis (JE) is a mosquito borne zoonotic viral disease. The virus is maintained in natural hosts such as animals, birds, pigs and Ardeid birds. Pigs & wild birds are reservoirs of infection and are called as amplifier hosts in the transmission cycle, while man and horse are dead end hosts. The virus does not cause any disease among its natural hosts and transmission continues through vishnui group of culex mosquitoes. The incubation period ranges from 5 to 14 days. The disease affects the Central Nervous System and can result in severe complications, seizures and even death. The Case Fatality Rate (CFR) of this disease is very high and survivors may suffer from various degrees of neurological sequelae. An estimated 25% of the affected children die, and among those who survive, about 30-40% suffers from physical & mental impairment. The children suffer the highest attack rate because of lack of cumulative immunity due to natural infections. [1]

The first evidence of presence of JE virus dates back to 1952 in the Nagpur subdivision of Maharashtra. In 1955, JE was clinically diagnosed for the first time in Vellore, Tamil Nadu. In subsequent years, outbreaks were reported in various States and UTs in the country. The first major JE epidemic was reported from the Burdwan and Bankura districts of West Bengal in 1973 followed by another outbreak in 1976. Outbreaks have been reported from many states in following years. [3]

The most promising preventive tool is JE vaccine, which, though available since 1941, remained out of reach for most countries due to small production capacity and relatively high cost. Fortunately, the development and increasing availability of new JE vaccines in recent years have made the control of JE more of a reality. [4]

Based on the recommendations of the Bi-Regional Consultation on Japanese Encephalitis (WHO SEA/WPR and PATH, Thailand, March-April 2005), Government of India has decided on the following strategy for the introduction of the JE vaccine in the endemic districts in India:

- A one-time mass campaign targeting all children in the age group of 1-15 years in the districts.

- Followed by integration of the JE vaccine into the Routine Immunization Program to cover the new cohort (children attaining more than 1 year of age) in the districts covered previously under the JE vaccination campaign. These children would be administered JE vaccine between 1-2 years of age along with the DPT booster dose, under the Routine Immunization Programme.
- A special campaign has been planned for 2010 in selected districts in the country to cover left outs and new cohorts.
- Age distribution pattern of the lab confirmed JE cases will be reviewed to further inform strategy.

JE vaccination in India started in 2006 following large outbreaks of JE in some districts of Eastern UP and Bihar. Children between the age group of 1 to 15 years were vaccinated with a single dose of Chinese live attenuated SA-14-14-2 JE vaccine [3]. In 2011, the same SA-14-14-2 JE vaccine was introduced in the routine immunization under Universal Immunization Program (UIP) in the 181 endemic districts as a single dose at 16 to 18 months at the time of 1st booster of DTP vaccine. In 2013, another dose of SA-14-14-2 vaccine was added at 9 months of age along with measles vaccine [4]. However, except for a few reports, no research material sharing experiences or SWOT analysis of introduction and implementation of the newer vaccine in India was available. Keeping the above in mind, the current study was undertaken during the mass campaign phase of JE vaccination for 1- 15 year age group in Kolkata district of West Bengal during the last week of December, 2016- 1st week of March, 2016 with the aim of understanding the experiences in the initiation phase in a tertiary care center of West Bengal.

II. Materials and Methods

2.1 Study setting: The study was conducted in immunization clinic and Urban Health Training Center (UHTC) of RG Kar Medical College & Hospital, Kolkata. The UHTC is a satellite center of RG Kar Medical College situated in a Bag-bazar slum which is the urban field practice area of Department of Community Medicine. The immunization clinic is situated in the OPD complex and is staffed by four Public Health Nurses (PHNs) and one Group D staff. Routine vaccination is carried out 6 days per week in immunization clinic. In UHTC, routine vaccination is performed every Wednesday and it has one Lady Medical Officer (LMO) in charge, two PHNs and one Group D staff. Interns and Post Graduate Trainees (PGTs) are posted at both the centers. During the mass campaign phase, JE vaccination was conducted at all working days in the immunization clinic and in four working days per week in UHTC excluding OPD days. After the mass campaign, JE vaccine was introduced into the routine immunization schedule in subsequent months as per Government policy in both the centers.

2.2 Type of Study: A mixed methods approach was adopted for the current study, consisting of a cross-sectional survey and qualitative study. The qualitative study techniques were included to obtain a more in-depth understanding of the experiences and perspectives of key person and HEWs engaged for the immunization activity. In depth interview of LMO was conducted and Focus Group Discussion (FGD) was done involving all six PHNs working in immunization clinic and UHTC.

2.3 Period of study: In the cross sectional survey data was collected using a predesigned, pretested and semi structured questionnaire by interns and postgraduate trainees posted in immunization clinic and UHTC during the JE mass vaccination campaign from last week of December 2015 to First week of March 2016. The qualitative study was done in the month of April, 2016 after completion of mass vaccination program.

III. Methods of Data Collection

3.4.1 Cross Sectional Survey

The questionnaire comprised of socio demographic characteristics (age, gender, educational status, status of parents, occupation of parents, monthly family income, type of family, residence and socio economic status as per modified B G Prasad scale), routine immunization status and knowledge about the disease for which vaccine was given (Why is the vaccine being given?) Vaccinees were observed for half an hour following vaccination in the clinic for any immediate Adverse Events Following Immunization (AEFI).

The questionnaire was pretested among 20 parents of eligible vaccinees not included in the final survey and was modified accordingly.

3.4.2 Qualitative Study

The qualitative investigation comprised one in-depth interview of the lady medical officer who was the key person and one FGD in Bengali involving all public health nurses (6 persons). The interview and FGD were conducted in workplaces of the staff. During data collection, field notes were taken, interviews were recorded by Audio Digital Recorder (ADR) and non-verbal and gestural cues were observed. An interview guide was prepared for in-depth interviews. The in-depth interview was expanded upon the quantitative survey and specifically explored the following areas: the overall experience of mass vaccination program, difficulties

faced, any AEFI reported, strength and gap of the activities, and suggestions and opinion for improvement of the program.

The FGD lasted for one and half hours and based on the similar themes of in depth interview.

3.5 Study population:

Every second person registered for JE vaccination during this campaign session was targeted and sought informed verbal consent from accompanying caregivers or parents. A Total of 5057 persons were vaccinated in the mass campaign and 2530 persons were approached by study team of which 2437 accompanied parents or care givers gave consent to interview.

Inclusion criteria for cross sectional survey:

1. Children aged 1-15 years
2. Those whose parents or caregivers provided informed verbal consent

Inclusion criteria Qualitative Study:

Lady medical officer in charge of UHTC and all PHNs engaged in immunization activity were purposively chosen for qualitative assessment.

3.6 Ethical consideration: Informed verbal consent was obtained from all the respondents before the interview maintaining necessary confidentiality.

IV. Data analysis

4.1 Cross sectional survey: The collected data in cross survey was analyzed using SPSS (Version 20.0, Chicago, IL) and expressed in proportion.

4.2 Qualitative Study: All the collected data were translated into English and transcribed verbatim by the researcher and research assistant independently. After the verbatim transcription and translation, the data were compiled, read and re-read of the transcripts and emerging ideas were listed. Then codes and categories for the listed ideas were created. Recoding was done when necessary. Themes were generated from these categories. The transcripts were also given to an independent public health specialist, who was also an expert in qualitative research methodology to independently create codes and categories, and identify emerging themes. A consensus meeting between the researcher and the public health specialist was held, where the categories and themes identified were compared, revised and then used as research findings for this study.

V. Results

It was found that most of the study population belonged to 1 -5 year age group (53.2%), followed by 6-10 years (38.8%) and 11-15 years age group. Gender difference among the study population is not appreciable (male-51.2% female-48.8%). Parents of most of the study population were middle level passed (mothers-26%, father-25.6%). Almost all (99%) study population were from urban area. Among the fathers, most of them are unskilled workers (32%) followed by self-employed or business (27%). Among the mothers most of the mothers were home makers (71.8%). Most of the study population belonged to lower middle class (34.5%) followed by middle class (28.2%) as per Modified B G Prasad's scale. [5] (Table-1)

Among the study population, caregivers of 96.1 % vaccinee reported past history of routine immunization and 96.6% had BCG scar. (Table-2)

Only half of the caregivers of the vaccinees knew the name of the disease prevented by the vaccine. (Fig-1) Nearly 6% reported that JE vaccine prevents Dengue. Regarding source of information, highest number of study population got information of the mass vaccination from UHTC (40.9%) followed by neighbors (15.3%). (Table-3) No adverse event following immunization except mild pain during injection was reported within half hour of vaccination. This was further substantiated by qualitative study. No vaccinee reported any adverse event within one months of vaccination.

From FGD and in-depth interview following themes were identified and findings were grouped into the following emerged themes

1. Overall experience of the staffs regarding mass vaccination
2. Difficulties faced
3. Suggestion of the staff for further improvement in future.

Overall experience of the staffs regarding mass vaccination: The in depth interview revealed that the overall enthusiasm was appreciable among beneficiaries regarding JE vaccination. People came not only from the catchment area of the UHTC but from areas outside Kolkata. The outsiders were informed by their relatives

who were residents of Bag bazar slum. Experience from R G KMC revealed that people have more faith on Tertiary care center than short term camps in the locality especially for some injectable vaccines. School going children came being absent to their respective schools on weekdays.

Difficulties faced:

1. Statement of one of the PHNs was *'there was massive mismanagement in the early period of the vaccination'* No extra staffs were deployed for the peak rush hours. Long queues and less space for sitting arrangement of vaccine resulted in dissatisfaction, intolerance and aggression among the vaccinees and their caregivers. The broad age group (1-15 years) of vaccinees that resulted in such huge footfalls was another reason behind mismanagement.

2. Routine immunization activities were jeopardized temporarily.

3. Many people had to be returned back due short supply of vaccines compared to huge clients in first 10- 15 days where as vaccine supply was surplus in later part of the period. The PHNs stated that *'we were not sure how much vaccine to be indented from store as number of vaccinee could not be predicted from beforehand.'*

4. Due to rush they were unable to impart the required health education messages on the JE vaccine, AEFI, routine vaccination to the population as stated by one of the PHN *'due to long queue and rush we could not tell to all vaccinee or their parents or caregivers regarding the vaccine, its AEFI etc.'*

Suggestions

From the FGD and In-depth interview following suggestions for future endeavor came up.

1. Proper intensified systematic IEC campaign before any such mass vaccination should be done so that people will be aware that every eligible person will get the service, reason behind the service and the particular center for getting the service. School authority might be chosen as IEC partners for spreading awareness for school going beneficiaries.

2. Extra trained staffs must be deployed for this extra load of activities and steady routine services. Prior orientation of the staffs on-duty is also a prerequisite.

3. Planning of immunization session could be more pragmatic. The LMO opined that *'it will be helpful if the age-group of 1-15 years was broken into smaller groups and fixed dates for each age group is designated beforehand.'*

4. One of the PHN told that *'arrangements for school going beneficiaries could be made on Saturdays or Sundays which could reduce school absenteeism'*

VI. Discussion:

So far, 155 out of 181 identified JE endemic districts have been covered under JE campaign and overall 10.8 crore children have been immunized with JE vaccine through campaigns [3].

Meagre research is available on JE mass vaccination. The present study revealed that the mass campaign covered mostly lower to middle class of population. Strategy to cover upper economic group should be there in the vaccination policy.

In current study, it was observed that about 50 % study population were aware about the disease against which the vaccine was provided. The coverage evaluation survey in Karnataka district also revealed low level (42%) of awareness. [6] Another point of concern is that 6% of population thought that the vaccine prevents dengue. The contents of IEC material must focus on the Japanese encephalitis, the disease and its signs and symptoms, as misconception might hinder the successful routine vaccination against JE. Especially, since dengue has currently reached an epidemic proportion in Kolkata, false sense of security with JE vaccination may complicate the problem further. The Karnataka study [6] also reported 4 % AEFI with the same vaccine though no immediate AEFI was observed in the current study and delayed AEFI was reported within one month of vaccination. However the coverage evaluation survey was community based contrary to the current clinic based study. It has also been found that most of the vaccinees obtained information from the staffs of the Urban Training Center followed by mass media. So it is imperative that the staffs are working very efficiently regarding mass catch-up campaign.

The qualitative aspect of this study also showed that though people had obtained the information of a Government sponsored new vaccine, most of them were unaware about the purpose of vaccination and disease prevented by the vaccine. As quoted by the LMO, *'Somehow they had the information that some vaccine was being offered by the Government to 1-15 years children free of cost from this center. Most of them were unaware about the reason and disease for which the vaccine was being given. Most of them were in a hurry because they thought the vaccine would not be available for all if they were late'*

The qualitative part of study also threw some light on the probable factors behind the inordinate rush in first few days of vaccination such as lack of information about the duration of mass vaccination period, fear of scarcity of vaccine stock, aggregation of beneficiaries from areas other than catchment area in spite of presence of temporary centers in their area and large age group of beneficiaries. In spite of previous and concomitant JE mass vaccination in their locality, people were rushing to the UHTC probably owing to their long-lasting faith on UHTC and RG Kar medical college. This huge rush caused extra burden to the existing health system which could be tackled by prior systematic IEC campaigning and planning of sessions.

VII. Conclusion

The study had many limitations. It was institutional based and cross sectional. Had it been a community based and longitudinal one, AEFI and community awareness could be ascertained in depth. Further in depth longitudinal research work involving wider population group is required to assess the awareness of community, coverage, effectiveness and AEFI associated with JE vaccine especially in West Bengal which a major endemic state. The strength of the study was that it covered a large number of target population in limited period of time and the qualitative aspects of the study was able to find out the view points of the health workers directly involved in the service. The study revealed that prior systematic planned IEC programme, orientation of staffs, deployment of staffs and necessary logistics are required for any such future activity.

Acknowledgement

The authors express the gratitude to all the study participants, the PHNs and Dr Dipika Halder, Lady Medical Officer of UHTC, for their whole-hearted co-operation. We are also thankful to all internees and post graduate students of Dept of Community Medicine for extending their help in data collection.

Table 1. Sociodemographic characteristics of vaccinees (N=2437)

Variables	Number (%)
Age Group (Years)	
• 1-5	1298 (53.2)
• 6-10	750 (30.8)
• 11-15	389 (16.0)
Gender	
• Male	1247 (51.2)
• Female	1190 (48.8)
Residence	
• Urban	2413 (99.0)
• Rural	24 (1.0)
Educational Status of Father	
• Illiterate	205 (8.4)
• Just literate	46 (1.9)
• Primary	431 (17.6)
• Middle Class	623 (25.6)
• Secondary	577 (23.7)
• Higher Secondary	546 (22.4)
• Graduate & Above	9 (0.4)
Educational Status of Mother	
• Illiterate	165 (6.8)
• Just literate	195 (8.0)
• Primary	455 (18.7)
• Middle Class	633 (26.0)
• Secondary	479 (19.7)
• Higher Secondary	502 (20.6)
• Graduate & Above	8 (0.2)
Occupation of Father	
• Unskilled Worker	761 (31.2)
• Self Employed or business	657 (27.0)
• Service	630 (25.9)
• Skilled Worker	305 (12.5)
• Professional	18 (0.7)
• Unemployed	5 (0.2)
• Not revealed	61 (2.5)
Occupation of Mother	
• Homemaker	1810 (74.3)
• Unskilled Worker	518 (21.3)

• Skilled Worker	28 (1.1)
• Self Employed	39 (1.6)
• Service	23 (0.9)
• Professional	19 (0.8)
Socioeconomic Status*	
• Lower	309 (12.6)
• Lower Middle	838 (34.5)
• Middle	688 (28.2)
• Upper Middle	384 (15.8)
• Upper	157 (6.4)
• No Response	61(2.5)

*Modified BG Prasad's Scale,2016

Table 2.Routine Immunization status of study population after birth (N=2437)

Past History of Routine Immunization	Number (%)
• Present	2342 (96.1)
• Absent	4 (0.1)
• Do Not Know	91(3.8)
BCG Scar	Number (%)
• Present	2355 (96.6)
• Absent	82 (3.4)
Availability of Card	Number (%)
• Yes	2383 (97.8)
• No	54 (2.2)

Table 3.Distribution of study population according to source of knowledge about the vaccine.
(n=2437)

Source of Knowledge	Number (%)
• Urban Training Health Centre	996(40.9)
• Neighbours	373(15.3)
• Mass media	215(8.8)
• Poster	152 (6.2)
• Doctor	126 (5.2)
• Mass media	215(8.8)
• School	87 (3.7)
• Local People	87(3.7)
• Family Member	53 (2.2)
• Peer Group	42 (1.7)
• Health Worker	30 (1.2)
• Nursing Staff	10(0.4)
• Local Club	9 (0.4)
• Political Party	3 (0.1)

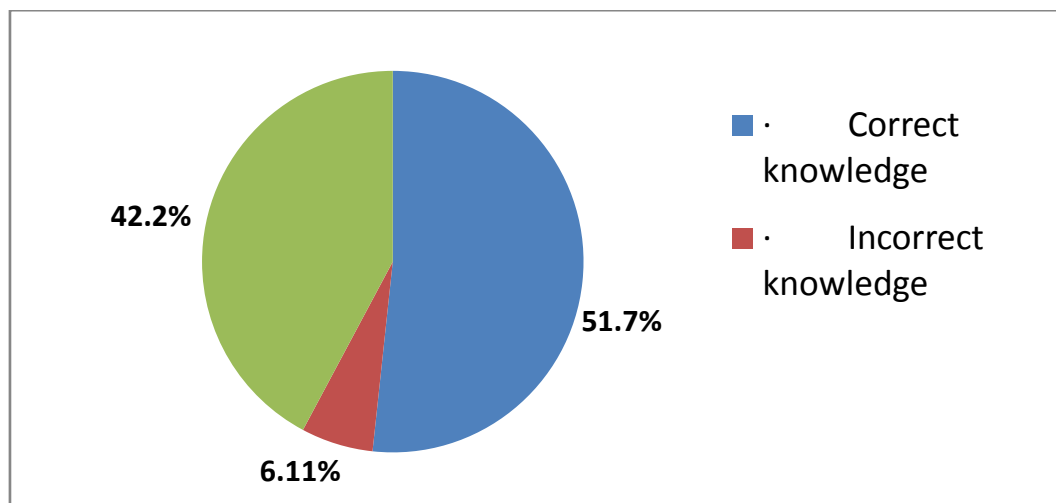


Fig-1, Knowledge of study population about the name of the disease that will be prevented by the vaccine (n=2437)

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