

## Growth Performance and Haematological Indices of African Catfish (*Clarias Gariepinus* Burchell 1822) Fed Graded Levels of Processed *Jatropha Curcas* Leaf Meals in Southeastern Zone Of Nigeria.

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### Abstract

An experiment which lasted for twenty four (24) weeks was conducted to determine the growth response of African catfish (*Clarias gariepinus*) fed processed *Jatropha curcas* leaf meal (JLM). Four experimental diets were formulated at 0%, 1.5%, 3.0% and 4.5% inclusion levels and at substitution levels of SBM at 0%, 3.5%, 7.0% and 10.5% to represent T<sub>1</sub>, T<sub>2</sub>, T<sub>3</sub> and T<sub>4</sub> respectively. The fifth treatment group (T<sub>5</sub>) was the internationally made diet (coppens) which equally served as control. A total of six hundred (600) fingerlings were used for this study. They were replicated thrice given a total of fifteen treatment groups. Each treatment group contains forty fingerlings that were given a particular diet based on five percent of their body weight. At the end of the trial the growth performance and the haematological indices were determined. The results showed that *J. curcas* leaf meal was able to improve the performance of African catfish fed the treatment diets. The response variables increased as the inclusion levels of *J. curcas* leaf meal increased to a certain level and were statistically different ( $p < 0.05$ ) in almost all the parameters evaluated. The haematological parameters showed that there was significant ( $p < 0.05$ ) increase in the performance of those catfish fed the treatment diets. This however revealed that JLM did not show any detrimental effects but rather had some beneficial implications on the *C. gariepinus*. And finally, T<sub>3</sub> performed better ( $p < 0.05$ ) than the control diet in most of the parameters evaluated. Therefore indicating that *J. curcas* leaf meal could serve as a veritable source of protein ingredient in the diets of aquaculture that could help beat down cost of production.

**Key Words:** Performance, *Jatropha curcas*, Haematology, *Clarias gariepinus*.

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### I. Introduction

The recent advances in the growth and development of aquaculture have placed the industry in the forefront as one of the world's fastest growing agro sector (FAO, 2018). This is because of its numerous health implications to man. African catfish is very rich in protein and essential amino acid needed by the body for its speedy growth and development. Fish is rich in omega 3 fatty acid with very low cholesterol content. Because of the nutritional importance attached to fish, there has been a speedy increase in demand without a corresponding increase in production (Oziogbo *et al.*, 2014) leading to shortage in supply. This acute shortfall in supply with an increasing population is a call for farmers to wake up in order to avert the looming inadequacy in protein intake of an average Nigerian. Furthermore, fish feed has been observed to contribute about 60 to 70% of the total reoccurring cost of production (Gabriel, 2007; Sighn, 2010) making it almost impossible for fish farmers to break even. This is due to the scarcity of conventional fish feed as well as the high cost of the ingredients due to its competitiveness with man and the industries. In view of the scarcity and increasing costs of most conventional animal feed ingredients, it becomes necessary to evaluate alternative nutrient sources to improve aquaculture production.

*Jatropha curcas* is one of the many non conventional feed resources (NCFR) of great interest to animal nutritionists globally. This is due largely to its nutritional benefits and accessibility (Kumar, *et al.*, 2013). *Jatropha curcas* has been identified as one of the plants with unique qualities that can serve as protein ingredients in aqua feed production. *Jatropha curcas* is rich in micro and macro mineral elements such as manganese, Iron, Zinc and potassium, calcium, sodium, magnesium and phosphorus respectively (Abou-Arab and Abu- Salem, 2010). There are so many varieties of *Jatropha curcas*, ranging from toxic to non toxic varieties (Valdes-Rodriguez, 2013) perhaps the need to identify the toxic varieties. The level of toxicity depends

on the concentration of diterpenes/ phorbol ester in the plant (Osuna-Canizales *et al.*, 2015). To improve the nutritional quality of *J. curcas* the biological as well as chemical processing methods could be used in other to reduce the concentration of the anti nutritional factors (ANFs).

There is dearth of information on the use of *J. curcas* leaf meal (JLM) as protein source for fish and so, the need to investigate its efficacy in feeding of aquaculture. It is believed that if JLM is properly harnessed and incorporated into the diets of *Clarias gariepinus* could serve as a remedy to ameliorating the high cost of feed as well as increasing the quality of aqua-feeds. It will largely contribute in increasing fish production in Nigeria. This work was designed to investigate the nutritional effects of processed JLM on growth and haematological indices of African catfish (*Clarias gariepinus*).

## II. Materials And Method

### *Experimental Animals and Management*

Six hundred fingerlings ( $62.25 \pm 1.42$ ) of African catfish (*Clarias gariepinus*) were used for this study which lasted for twenty four (24) weeks. They were procured from Freedom fisheries, Nsukka, Nigeria. After collection, they were relocated to the Farm Operation unit of the Faculty of Agriculture, University of Nigeria, Nsukka and allowed to acclimatize for two weeks in one of the newly reconstructed ponds.

### *Identification of Plant Material*

The leaves of *Jatropha curcas* were collected from the Department of Crop Science farm of the University of Nigeria Nsukka. Leaves and stems of the plant was taken to the Herbarium of the Department of Plant Science and Biotechnology for proper identification by comparing the *J. curcas* leaves and pods with that in the plant press.

### *Collection and Processing of Jatropha curcas Leaf Meal (JLM)*

*Jatropha curcas* leaves were freshly plucked from their branches in the Department of Crop Science research farm, University of Nigeria Nsukka. The leaves were removed by hand and thereafter soaked in water for twenty four (24) hours to reduce anti nutrient factors (Adejoro, *et al.*, 2013). They were dried directly in the Greenhouse of the Department of Crop Science for three days within which they become crispy. The dried leaves were ground into powdery form using the Department of Crop Science milling machine. The milled *J. curcas* leaves were sieved with 2mm mosquito net to separate the fine powder from the remaining fibre to produce the leaf meal.

### *Experimental Diets*

Four treatment diets containing varying levels of *Jatropha curcas* leaf meal (0%, 1.5%, 3.0%, and 4.5%) were prepared (see table 1). The experimental diets with crude protein levels of 40% were formulated. The ingredients were thoroughly mixed together by hand. Warm water were added to the mixed ingredients and homogenized to a dough-like paste. The diets were pelletized using a 2-mm pellet press. The diets were sun-dried for three (3) days and stored in airtight containers throughout the experimental period. The proximate analysis of the experimental diets were carried out using the method as described by AOAC (1990)

### *Experimental Ponds*

Fifteen ponds measuring 2 x 3.0 x 1.8 m. each were used for the experiment. The ponds were first cleaned, disinfected with a quick lime at the rate of 750 to 1250 kg/ha and allowed to dry for one week. Afterwards the ponds were washed with clean water and fertilized by filling 25 kg bag of poultry manure each for every pond. The bags of manure were allowed to float on each pond for the period of one month.. At the end of fertilization the ponds were refreshed and fingerlings stocked.

### *Determination of Growth Parameters*

Various parameters used in evaluation of growth performance were carried out using the formula documented by Adewolu and Adamson (2011) which are: (i) Average Weight Gain (AWTG), (ii) Specific Growth Rate (SGR), (iii) Percentage Weight Gain (PWTG) and (iv) Average Daily Growth (ADG).

#### **(i) Average Weight Gain = AWTG**

AWTG = Average Final Body Weight – Average Initial Body Weight.

#### **(ii) Specific Growth Rate = SGR**

$$SGR = \frac{\ln FBW - \ln IBW}{D} \times \frac{100}{1}$$

In = Natural Logarithm

D = Number of days between weighing

FBW = Final Body Weight

IBW = Initial Body Weight

ADG = Average Daily Growth

$$ADG = \frac{\text{Av.weight gain}}{\text{Duration of feeding trial}}$$

(iii) **Percentage Weight Gain = (PWTG)**

$$PWG = \frac{\text{Av.weight gain}}{\text{Av.initial weight gain}} \times \frac{100}{1}$$

(iv) **Average Daily Growth Rate (ADGR).**

ADGR = Average daily growth divided by the number of animal

#### **Determination of Feed Utilization**

Protein Efficiency Ratio (PER), Apparent Net protein utilization (ANPU), Feed Intake (FI), Protein Intake (PI), Feed Conversion Ratio (FCR), Survival rate (S) were calculated as follows;

$$FCR = \frac{\text{Weight of the dry feed fed}}{\text{Weight gain of fish}}$$

#### **Apparent Net Protein Utilization (ANPU)**

$$ANPU = \frac{\text{Fish protein gain}}{\text{Protein consumed}} \times \frac{100}{1}$$

#### **Protein Efficiency Ratio (PER)**

$$PER = \frac{\text{Gain in weight of fish (g)}}{\text{Protein intake (PI)(g)}}$$

Protein intake = feed intake (FI) x % protein in the diet

Where:

Feed intake = 5% body weight of fish per day

*Percentage Survival Rate of the Fish were Calculated;*

$$\text{Survival rate (\%)} = \frac{S_1}{S_2} \times \frac{100}{1}$$

Where:

S1 = number of fish at the of the experiment

S2 = number of fish at the beginning of the experiment (Steel and Torne, 1981).

Condition factor (K) was computed according the method as described by Achinonye-Nzeh *et al.*, 2012.

$$K = \frac{100W}{L^3}$$

Where:

W = Final body weight (g)

L = Final Standard length of the fish (cm)

#### **Water Quality Parameters**

Water quality parameters were monitored throughout the feeding trial. Water temperature (<sup>0</sup>C) and pH were measured with Mercury in glass thermometer and digital pH meter respectively. While dissolved oxygen (DO) was measured using dissolved oxygen meter (Mettle Toledo InLab 650-ISM 10m)

#### **Cost Benefit Analysis**

The cost benefit of *C. gariepinus* fingerlings was estimated using weight gain and specific growth rate against management and construction cost.

The cost of feeding the fish was computed using (Lipton and Harrel, 2004):

$$C_{\text{feed}} = \frac{P \times WA \times FCR}{1 - (0.5(1-S))}$$

Where,

C<sub>feed</sub> = Cost contribution of feed to produce a pound of fish, P = per pound price of fish, WA = Weight added from purchase seed to harvest size (Harvest size - seed weight),

FCR = Feed Conversion Ratio, and S=Percentage of fish surviving from seed to market size.

**Mean Standard Length Increase:** The mean length increase (MLI) was calculated by adopting the method as described by Abubakar *et al.*, 2013.

$$MLI \text{ (mm)} = ML_f - ML_i$$

Where: MLI = Mean length increase; ML<sub>f</sub> = Mean final length; ML<sub>i</sub> = Mean initial length.

#### **Haematological Determination:**

The Red Blood Cell (RBC), White Blood Cell (WBC), Haemoglobin (Hb), Packed Cell Volume (PCV), Mean Cellular Haemoglobin Concentration (MCHC), and Mean Cellular Haemoglobin (MCH) were assessed at the

end of the trial using the method as described by Baker and Silverton (1985). The differential Leucocyte counts were prepared using the method as described by Barbara (1975).

### **Statistical Analysis**

Data collected from the response variables were subjected to a one way analysis of variance (ANOVA) using SPSS version 21 while statistically different means were separated using Duncan option as found in the statistical package/ soft ware (Duncan 1995) at 0.05% level of probability.

### **III. Results**

The water chemistry parameters of the ponds used for this experiment were determined periodically and the values obtained were recorded accordingly. For the temperature, the values recorded were considered to be good enough for the normal growth of *Clarias gariepinus* as the values fall within the range of 27.5-32°C. The pH ranges of 6.60 to 7.18 were obtained while the values of dissolved oxygen recorded fell within the recommended values of 4-6 ppm for the rearing of *Clarias gariepinus*. The proximate compositions of the experimental diets were analyzed and the results showed that the parameters were all significant ( $P < 0.05$ ) except in dry matter percentage. In crude protein, the values of 47.66 and 47.50 reported for T<sub>5</sub> and T<sub>3</sub> respectively were statistically similar ( $P > 0.05$ ) but differed from T<sub>1</sub>, T<sub>2</sub> and T<sub>4</sub> which were themselves similar. In crude fiber percentage, T<sub>3</sub> and T<sub>5</sub> had the lowest crude fiber values of 4.90% and 4.75% respectively which differed from the values of 5.45%, 5.50% and 5.85% obtained from T<sub>1</sub>, T<sub>2</sub> and T<sub>4</sub> respectively. In Nitrogen Free Extract, T<sub>5</sub>, T<sub>2</sub> and T<sub>4</sub> had the highest values of 25.74%, 23.47% and 22.85% respectively which were themselves similar but differ significantly ( $P < 0.05$ ) from the other treatment means. In Nitrogen Free Extract (NFE) T<sub>1</sub> and T<sub>3</sub> had the lowest values of 19.36% and 20.45% respectively which were statistically similar ( $P > 0.05$ ) but different from the other treatment groups.

The growth performance of African catfish fed graded levels of *J. curcas* leaf meal in this study were statistically different  $p < 0.05$  in almost all the parameters evaluated. In average final weight, T<sub>3</sub> and T<sub>5</sub> had the highest values of 712.96g and 763.04g respectively that were themselves similar but differed from the other treatment groups. However, T<sub>4</sub> had the lowest average final weight which was statistically different from the other treatment groups. In average weight gain, T<sub>5</sub> had the highest weight gain which was statistically ( $p < 0.05$ ) higher than T<sub>3</sub>. However, T<sub>1</sub> and T<sub>4</sub> were significantly similar but differed from the other treatment groups. In feed intake, T<sub>5</sub> had the highest feed intake which was significantly different from T<sub>3</sub> and T<sub>2</sub> which were themselves similar but differed from T<sub>1</sub> and T<sub>4</sub> which had the lowest feed cost per kg weight. In feed conversion ratio (FCR), T<sub>3</sub> and T<sub>5</sub> had the best feed conversion ratio  $1.16 \pm 0.04$  and  $1.11 \pm 0.03$  respectively which were themselves similar but differed ( $p < 0.05$ ) from the values of  $1.49 \pm 0.05$ ,  $1.45 \pm 0.06$  and  $1.54 \pm 0.06$  reported for T<sub>1</sub>, T<sub>2</sub> and T<sub>4</sub> respectively that were themselves similar. Feed efficiency ratio (FER) inversely followed the same trend with FCR. Similarly, SGR and CF followed the same trend with FCR in which T<sub>3</sub> and T<sub>5</sub> had the highest values of ( $0.59 \pm 0.02$ ;  $1.05 \pm 0.03$ ); ( $0.61 \pm 0.02$ ;  $1.09 \pm 0.01$ ) respectively which differed ( $p < 0.05$ ) statistically from the other treatment groups. In acceptability, T<sub>5</sub> had the highest value of which differed ( $p < 0.05$ ) significantly from the other treatment groups that were themselves similar. The time to strike index inversely followed a similar trend with acceptability in which T<sub>5</sub> had shortest time to strike index. In feed cost/kg weight, T<sub>5</sub> had the highest cost /kg weight of N640 while T<sub>4</sub> which had the lowest feed cost/kg weight of N353.56 that differed ( $p < 0.05$ ) significantly from the other treatment groups. However, in survival rate, T<sub>3</sub>, T<sub>4</sub> and T<sub>5</sub> had the highest values of  $97.14 \pm 1.46$ ,  $100 \pm 00$  and  $100 \pm 00$  respectively which were themselves similar but differed significantly ( $p < 0.05$ ) from the values of  $90.47 \pm 1.33$  and  $94.38 \pm 3.18$  for T<sub>1</sub> and T<sub>2</sub> respectively.

The results of the female haematological parameters showed that the values evaluated were not statistically different except in haemoglobin concentration (Hb). The values from the T<sub>3</sub> ( $15.95^a \pm 0.18$ g/dl) and T<sub>5</sub> ( $16.03 \pm 0.30$ g/dl) were statistically the same but different from T<sub>2</sub> ( $15.57 \pm 0.38$  g/dl). While T<sub>1</sub> had the lowest value of  $14.13 \pm 0.41$ g/dl which differed from the other treatment means. However, there were significant ( $p < 0.05$ ) different in the following male haematological parameters evaluated such as; haemoglobin (Hb), platelet (PLT), MCV, MCH and MCHC. In haemoglobin concentration (Hb) the values of  $15.0 \pm 0.52$ g/dl,  $15.33 \pm 0.56$ g/dl and  $15.33 \pm 0.43$ g/dl reported for T<sub>2</sub>, T<sub>3</sub> and T<sub>5</sub> respectively were statistically similar but different from T<sub>4</sub> ( $14.36 \pm 0.49$ g/dl) which was statistically better than T<sub>1</sub> ( $13.67 \pm 0.01$ g/dl). However, in PLT, T<sub>3</sub> had the highest value of  $125.67 \pm 3.38\%$  which was statistically different from T<sub>2</sub>, T<sub>4</sub> and T<sub>5</sub> which were themselves similar but statistically higher than T<sub>1</sub> which had the lowest value of  $107.83 \pm 1.30\%$ . In MCV, T<sub>1</sub> had the highest value of  $130.52 \pm 3.47$  fl which was statistically different from T<sub>3</sub> ( $126.49 \pm 0.03$ fl) and T<sub>5</sub> ( $126.13 \pm 0.37$  fl) which were themselves similar but different from T<sub>2</sub> ( $120.49 \pm 1.45$ fl) and T<sub>4</sub> ( $119.68 \pm 4.20$  fl) which were statistically the same. However, in MCH, T<sub>1</sub>, T<sub>3</sub> and T<sub>5</sub> had similar values ( $P > 0.05$ ) of  $54.16 \pm 1.19$  pg,  $52.55 \pm 0.05$  pg and  $52.8 \pm 0.41$  pg respectively which were statistically different from T<sub>2</sub> ( $50.98 \pm 0.45$  pg) while T<sub>4</sub> had the lowest value of  $48.91 \pm 1.14$  pg which was statistically lower than other treatment means. In MCHC, T<sub>2</sub> had the highest

value of  $42.92 \pm 1.09$  g/dl which was statistically different from T<sub>1</sub>, T<sub>3</sub> and T<sub>5</sub> that were themselves similar but different from the values of T<sub>4</sub> ( $40.27 \pm 0.06$  g/dl).

#### IV. Discussion

##### **Proximate Compositions**

The proximate analysis of a particular diet reveals the nutritional components/make up of that diet. An increased fibre contents of the diet of *Clarias gariepinus* leads to reduction in weight gain. However, the reduced growth rate of T<sub>1</sub> and T<sub>4</sub> as reported in this work may be attributed to higher crude fibre contents of their diets when compared with other treatment diets. Thus, the increased weight gain of *Clarias gariepinus* as recorded in T<sub>5</sub> and T<sub>3</sub> could be due to the higher crude protein content of the diets. This report is in total agreement with the works of Oluyemi *et al.* (2016) who reported similar reduction in growth rate when *Clarias gariepinus* were fed diets containing higher levels of crude fibre. The work of Hilton *et al.* (1983) equally corresponds with the present findings that high crude fibre contents negatively affected the growth of *Clarias gariepinus*, the reasons he attributed to decrease in gut passage time and diet digestibility. While Shiao (1997) reported that high dietary fibre influences the movement of nutrients along the gastrointestinal tract and will significantly affect nutrient absorption which results in lower weight gain.

##### **Weight Gain**

The improved performance obtained in this work could be attributed to the nutritional benefits inherent in processed *Jatropha curcas* leaf meal (JLM). The weight gain recorded in this work is in harmony with the work of Olaniyi *et al.* (2013) who reported an increased weight gain above the control diet when *Clarias gariepinus* were fed diet containing *Moringa olifera* leaf meal. However, this work contradicts the earlier work of Adene (2020) who reported decreased weight gain of *Clarias gariepinus* when fed diets containing processed *Jatropha curcas* kernel meal (JCKM). He attributed the reasons to high concentration of anti nutritional factors in JCKM such as phorbol ester, saponine and curcin. Hassan *et al.* (2017); Anyanwu *et al.* (2012) equally reported reduced weight gain of *Clarias gariepinus* fed cassava leaf meal while attributing their reasons to the fact that cassava plant is not a leguminous plant and as such is low in crude protein content. While this work is in total agreement with work of Sarah and Victor, (2018) who reported an increased weight gain of *Clarias gariepinus* fed hydrothermally processed *Jatropha curcas* kernel meal. Thus, there is an improved weight gain, specific growth rate as well as feed conversion ratio at lower inclusions of *J. curcas* leaf meal in this current study. This goes to support the submissions of Tihamiyu *et al.*, (2015) that at lower concentrations or inclusions of plant leaf meals results in an improved weight gain in *Clarias gariepinus* aquaculture (Fabgenro *et al.* 1999; Ritcher *et al.*, 2003). This is because there is a physiological mechanism that could compensate for the presence of the plant phenolic compounds or anti nutritional factors hence the negative effect may not be felt but results in improved performance due to the consequential nutritional values.

However, the results of specific growth rate (SGR) reported in this study is in harmony with the works of Eesa and Saeed, (2019) who reported SGR range of 0.17 to 0.5 when *Clarias gariepinus* fingerlings were fed diets containing Bambara leaf meals. The values of SGR in this present study increased just as the inclusion levels of *Jatropha* leaf meal in the diets increased up to T<sub>3</sub>. The values of 0.49 to 0.61 reported in this work were slightly lower than the values of 0.52 to 0.70 reported by Sotolu and Sule (2011) when *Clarias gariepinus* were fed varying levels of water hyacinth leaf meals in their diets. More so, the results of the specific growth rate recorded in this study were lower than the values reported by Adewolu (2011) who had 0.20 to 1.95 values and Tihamiyu *et al.*, (2015) who reported 0.84 to 1.25 range of values.

##### **Feed Cost/kg Weight Gain**

Feed cost/kg weight gain obtained in the present study is a further confirmation of the benefit of JLM to the *Clarias gariepinus* fingerlings. The index is a product of the feed cost/ kg and the feed conversion ratio of an animal. The results of this present study were in agreement with the findings of (Bichi and Amed, (2010); Oluyemi *et al.*, 2016) who observed lower feed cost/kg weight gain when *Jatropha curcas* leaf meals were fed to *Clarias gariepinus* fingerlings. The striking observation here showed that the reduction in feed cost as seen in this finding did not signify reduction in feed quality and value. Though, T<sub>5</sub> had the highest ( $P > 0.05$ ) feed cost/kg weight gain but not significantly differently from other treatments in terms of feed quality. Philip (1984) confirmed this when he reported that reducing feed cost does not necessarily mean to obtain a cheaper feed only but dependent on the production value. Moreso, the present study is in agreement with the work of Ikurio (1993) who reported that efficient feed is not a criterion for higher profit especially if this is obtained from a costly diet. The result from this study proves that higher financial returns would be made when *Clarias gariepinus* fingerlings are fed T<sub>3</sub> diets containing 7% substitution levels of SBC with JLM.

### Anti-Nutritional Factors (ANFs)

The polyphenolic compounds or anti nutritional factors are nutrient inhibitor, such as tannins, alkaloid, saponines, phytate etc. they interfere with the absorption and digestion of glucose, protein and vitamin by inhibiting the active transport and increasing the general permeability of the enterocytes (Oluyemi *et al.*, 2016). To buttress, this fact, Francis *et al.*, (2001) reported that phytate and saponins can reduce the bioavailability of minerals and the protein digestibility through the production of phytic acid protein complexes and also the destruction of pyloric caecum thus depressing the absorption of nutrients. Spinelli *et al.*, (1983) reported that inclusion of phytic acid up to 5 – 6g in the diets of rainbow trout results in drastic reduction in weight gain. While Ritcher *et al.*, (2003) reported that 0.5% of phytic acid in *Moringa olifera* leaf meal could cause growth reduction when fed to *Oreochromis niloticus*. It is also pertinent to note that any feed ingredients high in anti nutritional factors will negatively influence growth performance when supplemented at high rates. The report from this study supports this claim as T<sub>4</sub> which had the highest inclusions levels of *J. curcas* leaf meal recorded the lowest weight gain as compared to other treatment means. This is in agreement with the submissions of Adewolu (2008) who reported decreased weight gain when fed leaf meals at a very high rates. Leaf meals, more especially the medicinal plants often have high polyphenolic compounds. That is why they are not advised to be used in large quantities. They exhibit retrogressive properties on weight gain when fed to animals at high dosage. Afuang *et al.*, (2003) reported that though we could use plant leaf meals to improve growth and health related issues in common carp aquaculture but warned that caution should be taken to determine the appropriate quantity to be used to avert its detrimental effects when used at a very high inclusion rates.

### Haematological Indices

However, in haematological results obtained from this study showed that the values were within the normal value for fish of the same species, size and age. The values obtained from this current work were slightly lower than the values reported by (Akinrotimi *et al.*, 2013). However, the similarity in the values of haematological parameters as reported in this work could be related to nutritional adequacy and safety of the test ingredients (*Jatropha curcas* leaf meal). The values showed that those animals were well nourished as they were able to provide essential amino acid and minerals necessary for the normal functioning of the haemopoietic tissues (Ezeagu *et al.*, 2002).

There was a striking observation made in this study; we observed that the haematological parameters of female catfish were higher than that of male counterpart in almost all the parameters evaluated. This fact disagree with the haematological reports in other livestock animals were male animals (pigs) have higher haematological values (Kawaguchi, *et al.*, 2012). The results obtained in this study agreed with the reports of Akinrotimi *et al.* (2011) who also affirmed that female catfish has higher haematological values than the male. The gender differences may be due to larger size of female compared to male and the higher hormonal interactions of female against male (Sowunmi, 2003) and this suggest that the female are more likely to withstand adverse environmental conditions that may impact negatively on them. They are better equipped to handle stressors more than their male counterparts. Because of the distinctive haematological values observed in male and female African catfish it becomes necessary that haematological determinations in African catfish be done across the gender lines if accurate values were to be determined.

**Table 1: Proximate Analysis of the Experimental Diets**

Parameters	T <sub>1</sub> (Ctrl)	T <sub>2</sub> (1.5%)	T <sub>3</sub> (3.0%)	T <sub>4</sub> (4.5%)	T <sub>5</sub> (Coppens)
Moisture (%)	6.40 ± 0.12 <sup>bc</sup>	6.90 ± 0.17 <sup>ab</sup>	6.50 ± 0.29 <sup>b</sup>	7.60 ± 0.57 <sup>a</sup>	5.40 ± 0.23 <sup>c</sup>
Ash (%)	17.40 ± 0.58 <sup>a</sup>	11.75 ± 0.14 <sup>c</sup>	14.55 ± 0.57 <sup>b</sup>	12.30 ± 0.17 <sup>c</sup>	10.55 ± 0.06 <sup>d</sup>
Fat (%)	6.30 ± 0.12 <sup>ab</sup>	6.60 ± 0.29 <sup>a</sup>	6.07 ± 0.15 <sup>ab</sup>	5.30 ± 0.12 <sup>c</sup>	5.90 ± 0.12 <sup>b</sup>
Crude Fibre (%)	5.45 ± 0.09 <sup>a</sup>	5.05 ± 0.23 <sup>a</sup>	4.90 ± 0.12 <sup>b</sup>	5.58 ± 0.09 <sup>a</sup>	4.75 ± 0.14 <sup>b</sup>
Crude Protein (%)	45.09 ± 0.58 <sup>b</sup>	45.75 ± 0.06 <sup>b</sup>	47.50 ± 0.29 <sup>a</sup>	46.10 ± 0.58 <sup>b</sup>	47.66 ± 0.17 <sup>a</sup>
NFE (%)	19.36 ± 0.57 <sup>c</sup>	23.47 ± 1.15 <sup>b</sup>	20.45 ± 0.55 <sup>c</sup>	22.85 ± 0.64 <sup>b</sup>	25.74 ± 0.14 <sup>a</sup>
DM (%)	93.60 ± 1.15	93.10 ± 0.23	93.50 ± 0.58	92.40 ± 0.58	94.60 ± 0.67

<sup>a, ab, b, c, d</sup> Mean values in a row with different superscripts are significantly (P < 0.05) different from each other.

**Table 2: Percentage Composition of the Experimental Diets**

Ingredients	T1(Control)	T2 (1.5%)	T3 (3.0%)	T4 (4.5%)	T5(Coppens)
JLM	-	1.5	3.0	4.5	
SBM	50.0	48.5	47.0	45.5	
Fish meal	27.5	27.5	27.5	27.5	
Maize	8.0	8.0	8.0	8.0	
Wheat offal	7.5	7.5	7.5	7.5	
Premix	1.5	1.5	1.5	1.5	
Lysine	1.00	1.00	1.00	1.00	
Methionine	1.00	1.00	1.00	1.00	

**Growth Performance And Haematological Indices Of African Catfish (*Clarias Gariepinus* ..**

Bone meal	2.0	2.0	2.0	2.0
Starch	0.5	0.5	0.5	0.5
Vegetable oil	0.5	0.5	0.5	0.5
Salt	0.5	0.5	0.5	0.5
Total	100	100	100	100

Calculated Values;

Crude Protein:	39.84	39.46	39.00	38.54	42.00
Energy: (kcal/kg)	1362.75	1420.94	1379.74	1368.25	1466.10

Each 1kg premix contains; vitamin A: 4000000 IU, vitamin D3: 800000 IU, vitamin E: 40000 IU, vitamin K3: 1600 mg, vitamin B1: 4000, vitamin B2: 3000, vitamin B6: 380mg, vitamin B12: 3mcg, Nicotinic acid: 18000mg, Pantothenic acid: 8000mg, Folic acid: 800mg, Biotin: 100mcg, Cholin Chloride: 120000mg, Iron: 8000mg, Copper: 800mg, Manganese: 6000mg, Zinc: 8000mg, Iodine: 400mg, Selenium: 400mcg, vitamin C (coated): 40mg, Inositol: 60000mg, Colbat: 10000mg, Lysine:150mg, Methionine: 10000mg, Anti-oxidant: 25000mg.

**Table 3: Water Chemistry parameters of the ponds with varying levels of *J. curcas* leaf meal.**

Parameters	T1	T2	T3	T4	T5
Temperature	31.86 ± 0.07	32.0 ± 0.03	32.03 ± 0.03	31.90 ± 0.06	31.90 ± 0.06
Ph	3.95 ± 0.05	3.89 ± 0.08	4.01 ± 0.02	3.88 ± 0.11	3.97 ± 0.07
DO	6.93 ± 0.06	6.91 ± 0.12	7.18 ± 0.12	6.60 ± 0.06	7.12 ± 0.06
Transparency	28.83 ± 0.44	29.16 ± 0.60	29.0 ± 1.73	30.0 ± 0.58	31.0 ± 2.52

**Table 4: Phyto-chemical composition of treated and untreated *Jatropha curca* leaf**

Parameters	Alkaloids	Flavonoids	Saponin	Tannin
Raw leaf (untreated)	3.9	3.3	0.85	0.31
Soaked leaf (treated)	2.5	3.2	0.55	0.21

**Table 5. Growth Performance and Nutrient Utilization of African catfish Fed Graded Levels of *Jatropha curcas* leaf meal**

Parameters	T <sub>1</sub> (Ctrl)	T <sub>2</sub> (1.5%)	T <sub>3</sub> (3.0%)	T <sub>4</sub> (4.5%)	T <sub>5</sub> (Coppens)
IWT (g)	61.67± 4.09	63.32± 4.29	62.62 ± 3.26	62.0 ± 3.04	61.64 ± 3.75
AV. INIWT (g)	61.67± 4.09	63.32± 4.29	62.62 ± 3.26	62.0 ± 3.04	61.64 ± 3.75
Av. Initial Length	19.25±0.18	19.50±0.21	19.25±0.23	19.08±0.02	19.42±0.14
AV. FWT (g)	491.67± 29.17 <sup>bc</sup>	536.67 ± 8.67 <sup>b</sup>	712.96± 12.52 <sup>a</sup>	478.67± 12.37 <sup>c</sup>	763.04 ± 12.49 <sup>a</sup>
AV. WTG (g)	430.00± 12.50 <sup>d</sup>	473.33± 11.61 <sup>c</sup>	650.34 ± 15.16 <sup>b</sup>	416.67± 9.64 <sup>d</sup>	701.40± 16.33 <sup>a</sup>
Av. Length Gain	29.83 ±120.65	30.68±0.44	31.53±0.70	29.86±1.06	31.83±0.32
Feed Intake (g)	643.33 ±38.44 <sup>b</sup>	690.0 ± 43.59 <sup>ab</sup>	756.67± 39.30 <sup>ab</sup>	646.67 ± 40.96 <sup>b</sup>	776.67 ± 28.48 <sup>a</sup>
FCR	1.49 ± 0.05 <sup>a</sup>	1.45± 0.06 <sup>a</sup>	1.16± 0.04 <sup>b</sup>	1.54± 0.06 <sup>a</sup>	1.11 ± 0.03 <sup>b</sup>
FER	0.67 ± 0.02 <sup>b</sup>	0.69 ± 0.03 <sup>b</sup>	0.86 ± 0.03 <sup>a</sup>	0.65 ± 0.03 <sup>b</sup>	0.90 ± 0.02 <sup>a</sup>
SGR	0.51 ± 0.02 <sup>b</sup>	0.51 ± 0.03 <sup>b</sup>	0.59 ± 0.02 <sup>a</sup>	0.49 ± 0.02 <sup>b</sup>	0.61± 0.02 <sup>a</sup>
CF (K)	0.82 ± 0.02 <sup>b</sup>	0.83 ± 0.02 <sup>b</sup>	1.05 ± 0.03 <sup>a</sup>	0.81 ± 0.01 <sup>b</sup>	1.09 ± 0.01 <sup>a</sup>
PER	0.82 ± 0.29	0.87± 0.28	0.91 ± 0.35	0.79 ± 0.28	0.91 ± 0.34
ANPU	57.15 ± 0.61 <sup>c</sup>	57.70 ± 1.21 <sup>c</sup>	77.46 ± 0.58 <sup>a</sup>	58.69 ± 0.58 <sup>c</sup>	61.50 ± 0.64 <sup>b</sup>
%PU	48.24±1.17 <sup>c</sup>	48.24± 0.60 <sup>c</sup>	63.89 ± 0.57 <sup>a</sup>	47.76 ± 0.59 <sup>c</sup>	54 ± 1.17 <sup>b</sup>
Acceptability	0.15± 0.02 <sup>b</sup>	0.16 ± 0.02 <sup>b</sup>	0.15 ± 0.02 <sup>b</sup>	0.12 ± 0.01 <sup>b</sup>	0.31± 0.01 <sup>a</sup>
Time to Strike (s)	9.27 ± 0.79 <sup>a</sup>	9.74 ± 0.05 <sup>a</sup>	8.96 ± 0.39 <sup>a</sup>	9.74 ± 0.44 <sup>a</sup>	3.85 ± 0.34 <sup>b</sup>
Feed cost/kg	368.82 ± 0.37 <sup>b</sup>	363.67 ± 0.66 <sup>c</sup>	358.23 ± 1.62 <sup>d</sup>	353.56 ± 0.12 <sup>e</sup>	640 ± 1.36 <sup>a</sup>
Feed cost/kg Gain	549.54±1.73 <sup>b</sup>	527.32±2.89 <sup>c</sup>	415.55±1.73 <sup>d</sup>	544.48±1.17 <sup>b</sup>	710.40±3.18 <sup>a</sup>
% Weight Gain	87.77±0.32 <sup>b</sup>	88.17±0.77 <sup>b</sup>	91.20±1.23 <sup>a</sup>	87.08±1.21 <sup>b</sup>	91.90±0.62 <sup>a</sup>
% Length Gain	76.33±1.95	76.36±2.02	77.32±0.68	76.68±1.37	77.16±1.60

a, b, bc, c, d, e Mean values in a row with different superscripts are significantly (P < 0.05) different from each other. AV. INIWT = Average Initial weight; AV. FWT = Average Final weight; AV. WTG = Average Weight gain; FCR = Feed conversion ratio; FER = Feed efficiency ratio; CF = Condition factor; SGR = Specific growth rate, PER = protein efficiency ratio; ANPU = apparent net protein utilization; %PU = Percentage protein utilization, SR = survival rates

**Table 6: Male haematological parameters of African catfish *Clarias gariepinus* fed graded levels of *Jatropha curcas* leaf meal inclusion**

Parameters	T <sub>1</sub> (Control)	T <sub>2</sub> (1.5%)	T <sub>3</sub> (3.0%)	T <sub>4</sub> (4.5%)	T <sub>5</sub> (Coppens)
Hb (g/dl)	13.67 ± 0.01 <sup>b</sup>	15.0 ± 0.52 <sup>a</sup>	15.33 ± 0.56 <sup>a</sup>	14.36 ± 0.49 <sup>ab</sup>	15.33 ± 0.43 <sup>a</sup>
PCV (%)	33.17 ± 0.44	33.90 ± 1.13	33.67 ± 1.20	32.0 ± 1.16	34.50 ± 0.87
RBC (x10 <sup>6</sup> mm <sup>-3</sup> )	2.55 ± 0.04	2.73 ± 0.08	2.60 ± 0.04	2.76 ± 0.20	2.73 ± 0.06
WBC (mm <sup>-3</sup> )	20.97 ± 0.30	22.23 ± 0.99	20.69 ± 1.88	20.87 ± 0.41	22.67 ± 0.56
L	22.17 ± 1.90	33.47 ± 2.62	33.24 ± 2.00	34.27 ± 2.74	33.52 ± 1.23

N	61.17±0.52	62.60±1.87	63.47±1.72	62.63±2.00	63.03±0.83
M	2.07±0.37	2.23±0.47	2.60±0.53	3.17±0.34	3.20±0.35
PLT (%)	107.83±1.30 <sup>b</sup>	112.0±4.16 <sup>ab</sup>	125.67±3.38 <sup>a</sup>	123.67±4.18 <sup>ab</sup>	124.0±8.33 <sup>ab</sup>
MCV (fl)	130.52±3.47 <sup>a</sup>	120.49±1.45 <sup>b</sup>	126.49±0.03 <sup>ab</sup>	119.68±4.20 <sup>b</sup>	126.13±0.37 <sup>ab</sup>
MCH (pg)	54.16±1.19 <sup>a</sup>	50.98±0.45 <sup>ab</sup>	52.55±0.05 <sup>a</sup>	48.91±1.14 <sup>b</sup>	52.81±0.41 <sup>a</sup>
MCHC (g/dl)	41.51±0.19 <sup>ab</sup>	42.92±1.09 <sup>a</sup>	41.85±0.03 <sup>ab</sup>	40.27±0.06 <sup>b</sup>	41.85±0.21 <sup>ab</sup>

<sup>a, ab, b</sup> Mean values in a row with different superscripts are significantly (P < 0.05) different from each other.

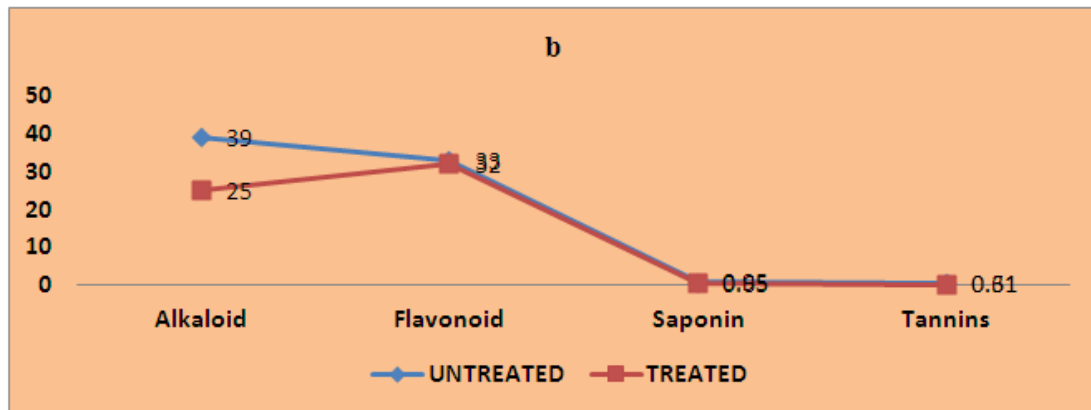
Hb = Haemoglobin Concentration; PCV = Packed Cell Volume; RBC = Red Blood Cell; WBC = White Blood Cell; L = leucocyte; N =Neutrophyl; M = Monocyte; PLT = Blood Platelet; MCV = Mean Corpuscular Volume; MCH = Mean Corpuscular Hemoglobin; MCHC = Mean Corpuscular Hemoglobin Concentration

**Table 8: Mean female haematological parameters of African catfish *Clarias gariepinus* fed graded levels of JLM**

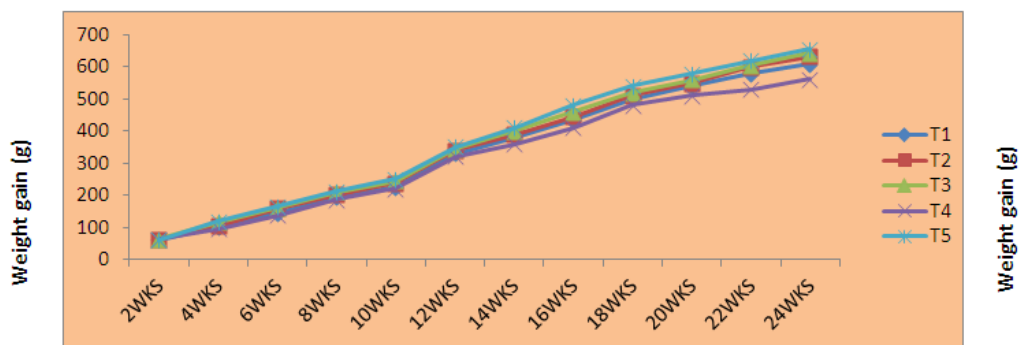
Parameters	T <sub>1</sub> (Ctrl)	T <sub>2</sub> (1.5%)	T <sub>3</sub> (3.0%)	T <sub>4</sub> (4.5%)	T <sub>5</sub> (Coppens)
Hb (g/dl)	14.13±0.41 <sup>c</sup>	15.57±0.38 <sup>ab</sup>	15.95±0.18 <sup>a</sup>	14.90±0.25 <sup>bc</sup>	16.03±0.30 <sup>a</sup>
PCV (%)	36.02±0.38	36.45±1.19	37.51±1.06	35.93±0.92	37.20±0.94
RBC(x10 <sup>6</sup> mm <sup>-3</sup> )	4.11±0.27	3.45±0.09	4.18±0.18	3.78±0.26	4.0±0.41
WBC (mm <sup>-3</sup> )	22.25±0.45	23.37±1.19	22.67±1.80	21.70±0.91	23.63±0.44
L	63.07±1.18	64.0±2.13	65.17±2.04	65.27±1.92	65.40±1.04
N	34.90±1.57	37.07±1.24	34.87±2.17	35.40±1.60	32.63±0.80
M	2.27±0.19	2.53±0.20	2.43±0.32	2.97±0.19	2.77±0.44
PLT (%)	116.0±3.06	115.67±3.18	129.0±0.58	125.0±5.50	120.0±5.77
MCV (fl)	88.29±4.90	92.79±1.37	89.79±1.40	95.85±0.67	93.05±1.46
MCH (pg)	34.68±2.49	39.44±1.60	38.68±1.80	39.73±2.54	40.11±0.39
MCHC (g/dl)	39.26±1.47	42.80±1.84	42.58±0.95	41.49±0.50	43.12±0.30

<sup>a, ab, bc, c</sup> Mean values in a row with different superscripts are significantly (IP < 0.05) different from each other.

Hb = Haemoglobin Concentration; PCV = Packed Cell Volume; RBC = Red Blood Cell; WBC = White Blood Cell; L = leucocyte; N =Neutrophyl; M = Monocyte; PLT = Blood Platelet; MCV = Mean Corpuscular Volume; MCH = Mean Corpuscular Hemoglobin; MCHC = Mean Corpuscular Hemoglobin Concentration



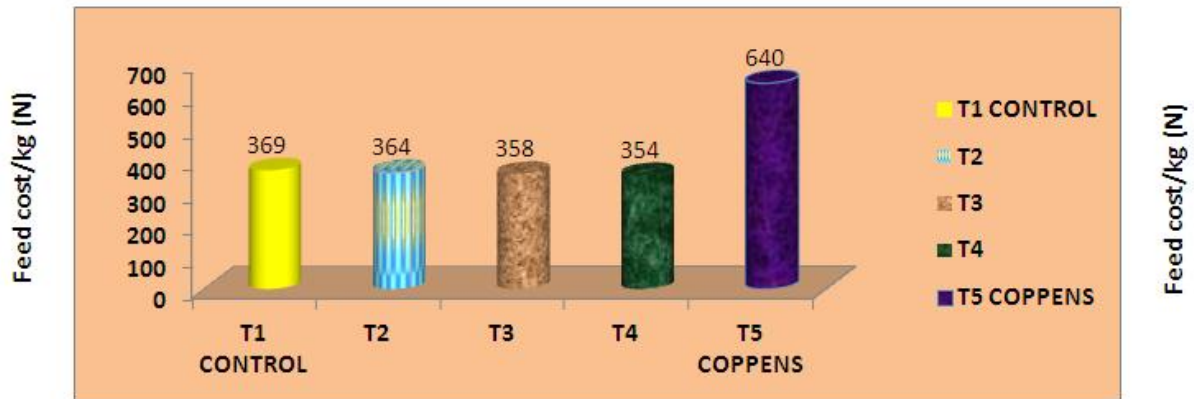
**Figure one: Phyto-chemical composition of treated (soaked) and untreated (not soaked) *Jatropha curcas* leaf meal.**



**Diets**

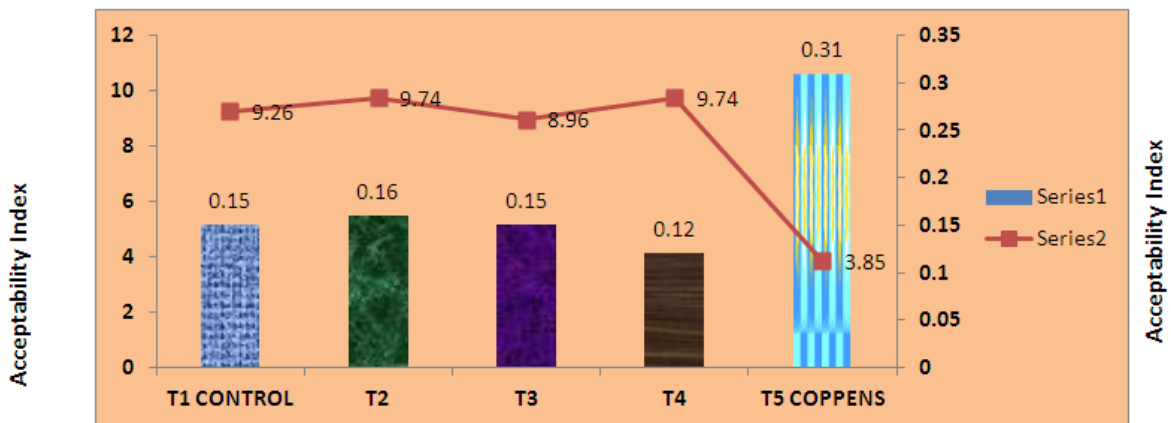
**Figure two: The graph represents the growth pattern of African catfish fed graded levels of *J. curcas* leaf meal measured on fortnightly basis.**





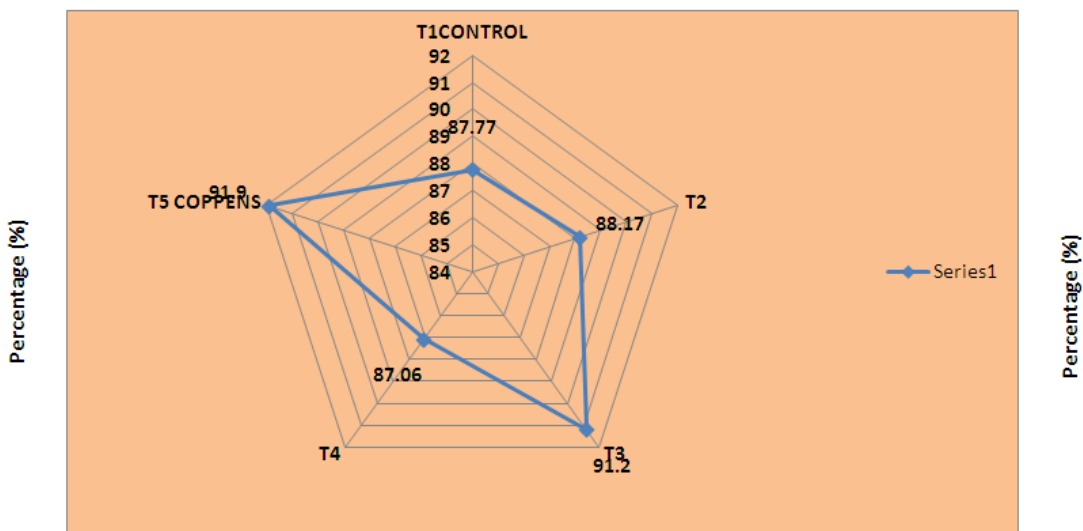
Diets

Figure three: Graph representing the feed cost/kg weight of the experimental diets fed African catfish.



Diets

Figure four: Time to Strike and Acceptability index of African catfish fed varying levels of *J. curcas* leaf meal.



Diets

Figure five: The graph representing the percentage growth rate of African fish fed varying levels of *J. curcas* leaf meal.

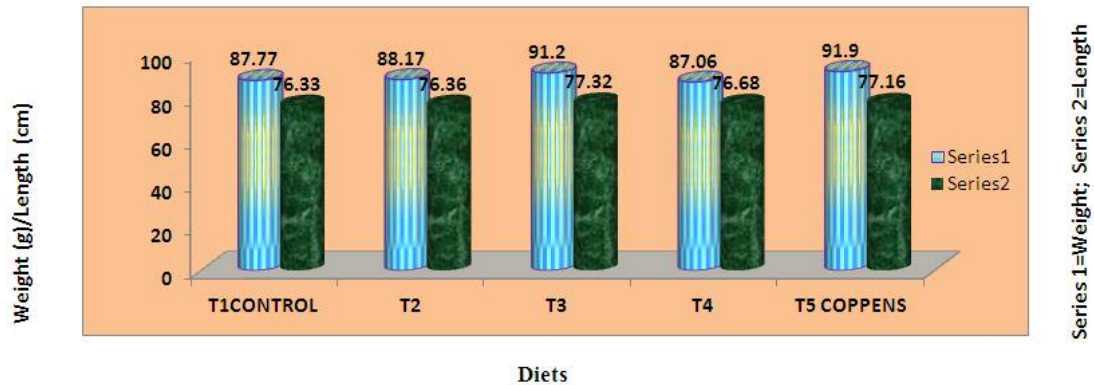


Figure six: Weight-length relationship of African catfish fed graded levels of *J. curcas* leaf meal

## V. Conclusion

The study has been able to reveal that *J. curcas* leaf meal could be a veritable source of feed ingredients for *Clarias gariepinus* without any detrimental effects on their growth performance and nutrient utilization. The study showed that the treatment diets were able to compete favourably with treatment 5 (coppens) as there were no significant different ( $p > 0.05$ ) between T<sub>3</sub> and T<sub>5</sub> in almost all the parameters evaluated. The feed cost per kg weight were significantly ( $p < 0.05$ ) cheaper in those treatment diets that had inclusion of *J. curcas* leaf meal. The haematological parameters obtained showed that all the values were within the normal range of African catfish of their age and size. Thus, were able to show that JLM did not exhibit any detrimental effects on the animals. The improved values recorded in the haematological parameters as the inclusion levels increased were able to distinctively proof the nutritional efficacy JLM. I therefore advice farmers to adopt the use T<sub>3</sub> diet (7%) for improved growth rate as well as increased profit margins.

## VI. Recommendation

I therefore recommend that fish farmers should adopt the use of T<sub>3</sub> diet for better growth performance and reduced cost of production for *Clarias gariepinus* aquaculture.

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